Prosocial Behavior

[Name of the Writer]

[Name of the Institution]

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Prosocial behavior is a kind of social behavior that is intended to help other people living in the society. This help can be in the form of money (charity), volunteering, and helping emotionally. The two issues that will be discussed in this paper are negativity on social media and reducing aggression.

**Negativity on social media**

Due to the easy access to social media to everyone, there is a tremendous increase in the use of social media. As everything has its pros and cons, similarly, there is a lot of negativity that is typically associated with social media. Cyberbullying is one of the leading causes of depression among people, especially teens.

To reduce social bullying it is important to reach the victims through social media sites. For this purpose, I have created a motivational page on social media where I have shared multiple stories of people and their struggle with the cyberbullying. Additionally, with the help of other volunteers from my college, I have managed to collect enough funds through which I have arranged free counseling sessions by approaching different therapists so that they can help people who are struggling with these issues. Providing people with moral and emotional support helped them cope up with their struggles and fight against the bullying culture.

**Reducing aggression**

Aggression is one of the main issues that is prevailing in our society. If this issue is not treated on time, this leads to a person being more violent. Especially talking about children, it is seen that aggressive children will be friends with other aggressive kids because no one is willing to be friends with them. Due to the increase in this issue, I with my other friends build a community having professional therapists that helped children to manage their anger. Also, with the help of teachers, I have managed to arrange artwork classes where children were free to draw what they feel. This helped in identifying what they were feeling. These collaborative activities also help aggressive children bond with other children. This approach helped aggressive children emotionally as they felt connected with society. It also brought positivity in their behavior as they realized that good behavior would make them popular and bad behavior will lead them towards loneliness.