Consumer Rights

Your Name (First M. Last)

School or Institution Name (University at Place or Town, State)

**Summary of the article: The rights of people with mental disorders: WPA perspective.**

Like all other individuals, people with mental disorders also have numbers of rights. One of their basic rights is to find a professional in the healthcare field who would understand the nature of their mental disorder. Generally, it has been seen that people with depression are not categorized in the list of people having mental disorder as most of the time; psychiatrists fail to recognize whether a person is suffering from depression or not (Maj,et,al,2011). No instruments are present, for diagnosing the mental disorders, so more experience is needed in order to make this diagnose more substantial as compared to other medical diagnoses for which numbers of laboratory instruments and tests are available. In several countries, psychiatrists are much less in number and there is a need to increase this number by maintaining the quality of training as well.

According to the **World Psychiatric Association**, it would be helping for psychiatrists to educate other medical stuff, how to recognize people with any mental disorder. At the same time, expectations should be more realistic as no nurse could learn to diagnose patients with a mental disorder in one week. One the other hand, not a psychiatrist could leave all his work and patients to educate other medical staff about how to diagnose the mental disorder in people. Another major right of people with mental disorders is having access to intervene, for a disorder that has research design, available (Machin,et,al,2019). A third and important right of a person with a mental disorder is to get treatment is a decent setting where one would not be abuse and would be treated humanely. Fourth right of people with a mental disorder is to have complete access to normal life i.e. one must not be deprived of normal social life. Also, they must be given a chance if they have any suggestions for improving facilities and should be treated as active participants.

References

Maj, M. (2011). The rights of people with mental disorders: WPA perspective. *The Lancet*, 378(9802), pp.1534-1535.

Machin, J. E., Adkins, N. R., Crosby, E., Farrell, J. R., & Mirabito, A. M. (2019). The marketplace, mental well-being, and me: Exploring self-efficacy, self-esteem, and self-compassion in consumer coping. *Journal of Business Research*, *100*, 410-420.