Name

Name of Professor

Name of Class

Day Month Year

Marijuana effects

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| **Research Question** | **How does marijuana impact teenager mental health?** |
| **Type of source** | **Web-based Research Article** |
| **Citation** | (*Does Cannabis Cause Mental Illness? | NDARC - National Drug and Alcohol Research Centre*) |
| **Author/s** | Dr. Peter Gates |
| **Title** | Does cannabis cause mental illness? |
| **Web Address/Publisher** | https://ndarc.med.unsw.edu.au/blog/does-cannabis-cause-mental-illness |
| **Copyright/Published Date** |  | **Date Viewed** | **March 20, 2019** |
| **SUMMARY OF KEY FINDINGS** |
| The research article reveals the negative impacts cannabis or marijuana has on the mental health of adults and teens. It is a commonly used drug and impacts the mental health based on two factors, age in which one starts using it, and frequency of use.  |
| **RELEVANCE AND USEFULNESS** |
| The source is relevant to the topic understudy because it shows the effects of cannabis use on the mental health of teems. It studies the relationship between cannabis use and mental illness including depression, anxiety, and Schizophrenia. If further emphasizes that users of cannabis have a high risk of developing mental illness and psychosis including cognition, impaired memory and external stimuli processing which impacts the learning process of the victim and can lead to hallucinations as well. There is a need to search for more information about mental health issues other than those caused by cannabis. National Drug and Research Center has many research projects on similar or relevant topics that can be employed in this project.  |
| **RELIABILITY** |
| There is a likelihood that the research will produce the same results because there is a clear association between cannabis use and psychosis. However, this connection is altered by some other factors such as family life, childhood, and genes impact. |
| **CREDIBILITY AND BIAS** |
| The research article is from the National Drug and Alcohol Centre and the author of research is a senior research officer from the National Drug and Alcohol Centre UNSW. It also confirms findings from other studies, and it matches with the findings of other longitudinal studies. The author does not provide one side of the issue but explains that the overall impact of cannabis use on mental health is impacted by several factors as well which include family life and childhood abuse. The overall article explains that the use of cannabis impacts the mental health with regard to depression anxiety and schizophrenia and the users have a high risk as compared to the non-users.  |

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| **SOURCE EVALUATION WORKSHEET****You must complete this for your annotated source (the source you printed, highlighted and made notations on)** |
| **Name of source** | National Institute on Drug Abuse (Abuse) |
| **Type of source** | Research Report  |
| **Currency**  | The article was last updated in June 2018 |
| **Relevance and usefulness** | The research aims at disclosing the extent to which the cannabis use results in psychosis and other psychiatric disorders and depression and anxiety.  |
| **Credibility****(Qualification or experience of author/ Authenticity of source)** | The source offers a unique perspective on the link between marijuana and psychiatric disorders. It also evaluates the effect of genetic factors on the link between cannabis use and mental health issues. The source does confirm the other research articles which prove the link between marijuana and mental health issues. The research is credible as it is conducted by the National Institute on Drug Abuse which is dedicated to research no drug and abuse.  |
| **Reliability** | This research article is based on various other research sources, and it will show similar results if conducted again. |
| **Bias**  | The author does not give a bias opinion; rather it discusses the results of different studies and shares the variation in the link between marijuana use and its harmful effects as influenced by other factors. |
| **Relevance**  | This article is relevant to the research topic because it makes a contribution that genetic variation influences the harmful impacts of marijuana use and marijuana use and suicidal thoughts also have some inconsistent associations.  |

**Works Cited**

Abuse, National Institute on Drug. *Is There a Link between Marijuana Use and Psychiatric Disorders?* https://www.drugabuse.gov/publications/research-reports/marijuana/there-link-between-marijuana-use-psychiatric-disorders.

*Does Cannabis Cause Mental Illness? | NDARC - National Drug and Alcohol Research Centre*. https://ndarc.med.unsw.edu.au/blog/does-cannabis-cause-mental-illness. Accessed 20 Mar. 2019.