Child and Youth Care

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Temperament is the set of traits or attitude that shapes a person’s personality which keeps changing with time to the kind of responses he receives from the environment. Temperament can vary from person to person and is based on the interactions made with other individuals. Understanding the temperament of a child makes it easy for the parents to resolve the issues their child is facing in the early stages of his life. Child’s temperament influences the behavior of other people towards them and forces them to change their approach towards the children and provide them with more care (Baer, Schreck & Althoff, 2015). However, this is not the case with the temperament of an adult. Adult’s temperament is more dependent on the environment in which they are interacting and they often adjust their temperament to the conditions of the external environment. There is a huge difference in the way of interacting with both child and adult as their temperaments are entirely different from one another. While interacting with a child, his temperament is always kept in consideration and more concern is shown towards their behavior as they lack tolerance and are very vulnerable. They are not emotionally stable and demand to control to some extent while interacting with others whereas adults have a more stable and tolerant temperament. It is the misconception that the child's temper is bad, most of the times environment is the cause of the adverse temperament that the child possesses (Kagan, 2018). It takes less time to notice and understand a child's temperament as compare to the adult's temperament. There is always an instability in the child's temperament unlike the temperament of the adult. It is very important to understand the mindset and temperament of a child by positive interaction because this temporary attitude of the child will become a permanent temperament of an adult.

**References**

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