Self-Analysis of Your Role in Groups

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Social work can be a hectic job especially when it comes to dealing with people. It can put you in some really difficult situations sometimes, especially if the case is complicated. It is actually a practice-based profession and an academic discipline (Barker, 2003). Social work is meant to bring social change in society and improve the social conditions by bringing development and social cohesion. Social work is meant to bring liberation and empowerment to a common person living in society.

Social work can be done in the form of teams or on an individual basis. Usually it is done in the form of teams. A perfect example of social work in teams can be seen in the shape of various organizations working in the area of social sector, especially the non-governmental organizations (also known as NGOs). NGOs are the organizations that work independently, on their own terms mostly for the humanitarian causes. These may be completely independent or a sister project of some governmental organization working completely independently or semi-independently for the cause assigned by the government.

Being a student of Social Work, I have also participated in a number of activities that pertained specifically to the field of social and humanitarian services. Some of these activities were a part of my academic routine. Like internships and projects, and some of them were done on a voluntary basis as I like to take interest in social work on a personal level.

One of the most prominent projects which I worked on was related to domestic violence. We had a complete team who used to work on the issues of domestic violence being carried on in different areas of the country. There were a number of members in the team who had different duties assigned to them. One or two of the members used to detect and verify the case whether it was genuine or not. Another member of the team tried to contact the victim, (if he or she had not reached out to us personally) and get all the possible information out of the whole scenario. Then there were one or two members who tried to communicate with the person who used to inflict violence over the victim. If the negotiation was successful, the team used to stop the process right there, otherwise a proper legal procedure began.

Domestic violence is one of major social issues not only in the country but in the whole world. It is one the very sensitive social issues and includes infliction of violence from one member on another. Both the members in this kind of case are normally in an intimate relationship like parents, siblings, and most spouses or romantic partners (Baldwin, 2016). Domestic violence is mostly inflicted upon the female part of the society but males are not barred from it. There are many cases which are reported that some male person was subjected to domestic abuse or violence by the intimate partner. But the figures of females who have been subjected to domestic violence have always remained high.

According to a various survey conducted by multiple organizations especially UN, 70 per cent of the females all over the world have experienced domestic violence at some point in the life (Facts and figures: Ending violence against women, 2019). Domestic violence does not only happen in the form of hitting physically (as it is a common perception); it has multiple shapes and nature. It can be in the form of sexual abuse, psychological abuse, and even bullying.

Our team was working in coordination to work against all the forms of domestic violence, whether it was physical or sexual. My duty was to reach out to the person who was doubted to inflict violence upon the victim. I had to confirm the details that whether the details being provided by the victim were correct or not. Then after verification procedure was complete and it was completely confirmed that who actually the person behind all the issue was, I jumped in for the negotiation.

My main duties were to talk to the abuser and negotiate with them to stop the violence. I had to communicate with the person involved in this heinous act and convince them to stop inflicting violence upon the victim (Howe, 2008). This was not an easy job, and sometimes things got completely out of hand, especially when the case consisted of an abusive relationship. As I have already informed that most of the cases of domestic violence are inflicted by intimate partners, so it was not easy to convince the other partner to stop the domestic violence upon their partner. Sometimes the abuser would not be ready to even listen to us and in that case, we had to take the matter directly to the legal department.

At one instance, we received a case in which a woman, in her twenties, was being victimized to domestic violence heavily by her boyfriend. She was not even being allowed to reach out to anyone as her boyfriend kept her locked up in the house and never let her have any contact with the outer world. It proved to be the most difficult case of my time period while I was working with this team.

Hence, it can be summed up that social work is a very complicated and hectic job. There are many issues involved and people do not accept their mistakes. It includes a lot of negotiation and dealing with people while remaining positive. My experience regarding social work especially domestic abuse has been tough and good at the same time. Overall, I learned a lot from the experience and loved working with my team.

**References**

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