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The joy of Seeing and Hearing

# Introduction

The ways, through which a human contact with the surroundings majorly depends on the five senses of hearing, seeing, tasting, smelling and touching. Hence these senses help in contact with the environment and the important organs involved are eyes, nose, ears, tongue, and hands. The processes are controlled by the human brain through the combination or neurons, actively transferring signals between these organs and brain. The impairment in any organ results in the inability to perform the specified task related to that sense's organ. The most important and enjoyable sense organs in my perception are eyes and ears. These two are essential for most of the life activities and functions to be performed accurately. This paper will explore the structural aspects through which the vitality of these organs will get clearer.

# Discussion

Seeing

The sense of seeing or perceiving things through eyes is fundamental in all the major roles and decisions of life. It is also important to perceive the difference between the type of foods and their taste, such that yellow, red and orange fruits are considered sweet and ripened. The colors are differently seen through eyes due to retinal rods and cones in the eyes which adjust the movement according to the shape, size, color, and length of the object. Thus they are distinguished on the defined frequency and wavelength of each color (Wilson, p.453). Other than just looking at things and perceiving the image in the brain, the eyes are important for sleeping as well. The process of Rapid eye movement (REM) is related to the vivid dream stage of sleep, and the movement of eyes occurs most in this stage which helps in forming the dream (Horne, p.185). Sight is also important in searching for a partner, and a person is able to identify the attraction in fractions of a second of the opposite partner. Thus it helps in selecting the life partner and enjoys the colors of life with them

Hearing

The hearing is possible through a healthy ear, such that a human ear is able to perceive frequencies from 16 to 28,000 cycles/second (Matthew, np). It is through hearing that we can detect sound and its tone and frequency and respond to the environment according to what we heard. The speech is affected if there is a problem with hearing or a person who is unable to hear is also not able to speak. Thus it is essential for speech and communication (Prasad, p.620). The hearing loss is also related to memory loss issues, earlier deaths, and higher falling rate than the people with normal hearing (Liu, np). The isolation occurs due to hearing loss, as the people with hearing impairment are unable to communicate properly. Further taking away the joy of listening to melodious voices of birds chirping, musical instruments and singers, hence they are not able to enjoy music and soothe their moods. Therefore sounds are important in enjoying the life to its fullest, and they are perceivable through the human ear.

# Conclusions

Concluding on the fact, all the senses are essential for carrying out daily tasks and enjoying life to the extremes, as without strong senses it is impossible to accomplish tasks with no difficulty. Although, the importance of all the senses is intact in their place the hearing and seeing is essential concerning all other senses. These two senses give strength and vigor to the other sense, for instance, it is important to look at the thing while touching it or tasting food. The hearing gives extra meaning to others senses, as while locating a potential threat the hearing aids with extra help by focusing on the sound of siren, footsteps or car approaching. Hence both are important in experiencing the joys and threats of life.

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