Obesity

[Name of the Writer]

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**Population Cultural Considerations and Genetic Predisposition**

It is a fact now that the profession of nursing is the most valued and respected one. In order to do their jobs, nurses have to work with different communities having different cultural differences. Due to this, they have to deal with multiple issues like linguistic, awareness of the health problem and also massive cultural changes. In order to deliver effective treatments, the nurses must make sure that they understand the cultural and linguistic context of imparting health literacy skills (“Genetic Testing Puts Nurses at Frontline of Answering Patients’ Emerging Concerns | UC San Francisco,” n.d.). While caring for patients from a different cultural background it must be kept in mind that the cultural beliefs and preferences of the patient should be a priority otherwise the patient might think that the healthcare provider is insensitive and not concerned. Also, it is noteworthy that the members belonging to a specific culture behave in the same way so they should not be stereotyped while treating them (Amir & Heydari, 2017).

In order to enhance the patient experience, it must be kept in mind that the behaviour of the nurse with the patients must be monitored and also the experience of the patient must be noted this will help in improving the facilities that are given to the patients by the healthcare providers. Patient experience is basically what the patient experienced during the entire process. The way he was treated and also the information he shared, the confidentiality of the information is taken into consideration while dealing with patients who are from different cultures (“How nurses and their work environment affect patient experiences of the quality of care: a qualitative study,” n.d.).

Cultural differences are a serious issue as far as healthcare is concerned because the healthcare providers must make sure that without discrimination they provide care to every patient. From the last few years, different measures are taken to make it effective from giving education to nurses about different cultures to assess the experience of the patients at the end of their treatment are some of the common practices nowadays.

**References**

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