Discussion about Oppression

Name

[Institutional Affiliation(s)]

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           It is undeniably true that the word oppression is multi-dimensional and target both males and females. But it is harder to identify that men are oppressed in the same dimension as women. In my perspective, the oppression of women and men is unsymmetrical. As men are deemed to be the women oppressors while women are not termed as such. The rate of oppression among women is increasing these days which is alarming. However, the sad part is that in many cases, women are mistreated by the family members as well.

Indeed, women are mistreated on various dimensions, they are targeted by both men and women. The oppressed situation is considered when an individual shapes and defines someone else’s life by applying barriers to their activities. This penalized the motion of an oppressed person and give them the feeling of being caged. In actual, the oppressor not only imprisons the person but also enclosed their vision and thinking. The term oppression towards women is still not recognized because most of the researchers handle this issue with extreme care. However, confining someone’s life and restricting them is also an inhuman act (*Marilyn Frye, Oppression.pdf*, n.d.).

Women are also targeted on a gender basis as well. For instance, if a young girl is involved in a heterosexual relationship, she is stigmatized, while if a boy is involved in any heterosexual relationship, then he is praised (Kreager & Staff, 2009). In short, men undoubtedly abuse women in various ways. Women get harassed in many ways and places as well. They are sexually exploited by men, beaten by them and in some cases, women are even killed in the name of honor. In some categories, women are also exposed to sexual and racial discrimination. The pressure is also induced on women to meet the expectations as a mother and wife while also completely relying upon males (Marilyn Frye, Oppression.pdf, n.d.). The intensity of oppression might be different because of class and race but overall, women in the entire world face oppression.

**References**

*Kreager, D. A., & Staff, J. (2009). The sexual double standard and adolescent peer acceptance. Social psychology quarterly, 72(2), 143-164.*

*Marilyn Frye, Oppression.pdf*. (n.d.). Retrieved from http://www.filosoficas.unam.mx/docs/327/files/Marilyn%20Frye,%20Oppression.pdf