Satisfactory Academic Progress (SAP) Probation Appeal

Name

Affiliation

Date

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I am writing this satisfactory academic progress probation appeal in order to explain the reason for not doing well in the last quarter. One of the most important reasons for my poor performance was long work hours. I had to work extensively long hours throughout the week, after which I was greatly exhausted. The exhaustion and tiredness made me unable to concentrate on my studies, and I could not reduce the working hours, even after trying hard. The continuous, hard and long working hours caused me stress and anxiety. The problem did not end there, as I became insomniac and developed the musculoskeletal disorder as well. Due to my deteriorating health, I was told by my physician to take some time off. I had to receive the physical therapy, in order to relax my neck and shoulder muscles. My physician also guided me that the exhaustion and stress were becoming an important source of my muscle issues, which was evident through my bad posture. I had to visit the hospital for getting the therapy every day, which made me unable to concentrate on my studies, ultimately resulting in my poor academic performance.

I have almost recovered now, and I was able to see the visible change in my health after getting physical therapeutic treatment. Now, I am perfectly fit to concentrate on my studies and make up for the previous loss. I have taken a break from my part-time job as well and planned to give most of my time to studies and health. I intend to make up for my academic loss by taking assistance from the online coursework help. I would also utilize the service of course planner, in order to complete the assignments and not stay behind schedule. I am confident that I would be able to perform much better than expected, so please provide me with a chance to depict my potential.