Hernandez Genogram

Student’s Name

Institution

Date

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A genogram is described as a display of individual family qualities or traits, medical history, and relationship. A genogram is different from a traditional family tree, which includes mother, father, and children. It provides detailed hereditary pattern and psychological aspects, which can help relationships. It can be used in several ways in the family. According to Chanist (2017), genogram can be used in the identification of a recurring pattern, behavior and other hereditary tendencies within a family system. It will provide an illustration of three generations and the way these family generations interact with one another. A family ancestry or lineage is a good sign of why a specific person may be acting or do what they do. However, this paper will provide detailed of genogram, identify the element of Hernandez’s family, which might have influenced the way Juan and Hernandez solve their issues with social workers. And it finally provides an illustration of how genogram can help address the needs of the Hernandez family.

**A genogram of the Hernandez family**

The Hernandez is a very young family comprises of Juan and Elena who are married Latino couples. Juan is 27 years old and Elena is 25 years. However, the two couples were referred to New York City Administration for Children Services (ACS) o solve a case of abuse allegations. Elena and Juan are having two children Juan Jnr who is eight (8) years old and Alberto who is six (6) years old. The couples got married immediately after the birth of their first son Juan Jnr seven (7) years ago. Both couples were born in Puerto Rico and grew up in Queens, New York. Elena worked as a baby sitter for one family in New York, while Juan worked at the airport in the luggage section. Physically the couples are fit although Elena has been diagnosed with diabetes while Juan is suffering from lower back pain, which could be as a result of loading and unloading of luggage at the airport. Elena and Juan Hernandez drink socially with friends possibly twice a month. They do not have any sign of drug abuse and none of them smoke. Although they identify themselves as Catholics, they rarely attend church service. It is also noted that Juan was arrested as a juvenile for a petty theft a long time ago but the record has been expunged from the records.

The ACS was reached after Juan Jnr, described to their teachers the kind of punishment, which his parents exposed him to. He illustrated that his parents asked him to kneel down for hours while carrying encyclopedia (Plummer, Makris, Brocksen, & Patterson, 2014). The manner which they punish their children were not impressive and therefore, they were invited so that the issue could be resolved. It is also important to point that Juan and Elena had little formal education and therefore, mostly worked for little pay until Juan was promoted to the position of a manager at the Connery Company. However, at the ACS the couples admitted to having used inappropriate kind of punishment and therefore, the social workers at the center asked them to attend a family session at the center (Brocksen, Makris, & Beth Plummer, 2014). However, the fact that Elena and Juan were asked to attend parenting session did not make them happy, they argue that they were given similar punishment when they were young. It is, therefore, evident that the historical treatment of Elena and Juan by their parents is what influencing their behavior hence the kind of punishment they give their children.

Factor influence how Juan and Elena handle issues with social workers

Elena and Juan were raised from a humble background where mostly their parents used to give them, punishment and therefore, they adopted a similar practice and using to punish their children Juan Jnr and Alberto. It is evident that when they were asked by social workers why they gave such punishment to Juan Jnr (Plummer, Makris, Brocksen, & Patterson, 2014). They replied that they used to give a similar kind of punishment when they were kinds by their parents. It is, therefore, evident that their family background or history and the way they were raised are some of the factors, which influence how Elena and Juan Snr handle issues with social workers at ACS center. Both Juan and Elena used to be given heavy punishment and therefore, them asking their children to hold a book is not a big punishment and therefore, it makes them angry that they were called to the center. Elena and Juan used to be canned by their parents using switch and belt. This makes them believe that giving heavy punishment to their children is a normal thing. This is likely to influence how they address the problem with social workers since the couples giving punishment like holding a book is a big deal and it is the best mode of punishment. On the same hand, the ACS social workers believe that Elena and Juan are not giving their children the right punishment and holding a heavy book is torture.

Genogram to solve the problem of the Hernandez family

Hernandez family was raised in a hostile environment and therefore, this made them develop an angry altitude or hostile. It is noted that Juan and Elena were born in Puerto Rico and trace their root to Mexico and therefore, their behavior or actions are influenced by their parents’ actions when they were young. However, the genogram, which could help in solving the problem, which the two are having, would be linked to proper parenting with not beating. Either Juan or Elena would have come from another family. For instance, Elena would have born and grew up in a white family, especially born in New York and raised in New York as well. A different behavior would have been introduced. The anger would be different since the way either parent was raised would have been different. It is noted that the way an individual has raised influences how a person behaves and therefore, with

Since the problem of Juan's family related to the way, they were raised up. The genogram where a different family setup is coming together to work with them would be the best way to solve the problem. It would be advisable to put the two couples with other families to work together so that they can learn some other ways of addressing the problem. This would include a combined session within the ACS center with other family members, house visit so that they can learn how to address children issues from other families.

In conclusion, most character traits are inheritance or hereditary and therefore, a family way of solving problems can exist with a generation for a longer time. Juan and Elena ways of doing things are basically influenced by the way they were raised and this could be realized on anyone who was raised the way Juan and Elena were raised. However, the social workers would work very well with the couples after understanding their history and through collaboration and group discussion on parenting and other family issues, the problem existing between the Juan, Elena, and their children would be addressed.

# References

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