Week 3 discussion post

In this case study, Betty a three years old girl scream and cry after her parents leave her in alone room. But when her mother hold her and tell her that everything is good then she stop cry. And when again they leave her alone to sleep she start crying. According to her father it is better to take her with them at down stairs and keep her with them till she sleeps. And after that it started happening daily, Betty stays clam with her parents or even during day but at night she start crying till her parents approach her.

Here question arises why Betty started screaming and crying and why she calmed down when her parents accompanied her? And this is not for one day she started doing it daily because she has learned that if she cries then her parents will give her attention and took her with them. The one factor can be fear that Betty developed to stay alone in her room and other is positive attitude if her parents that motivated her to do the same thing every night.

The concept of operant conditioning emphases on the application of reinforcement or punishment to influence behavior (Blackman, 2017). Operational learning is also called learning by success. While positive consequences increase the likelihood of behavior, negative consequences cause different influences. (Staddon & Cerutti, 2003). Through this procedure, a connection is designed among the behavior and the consequences for such actions. Imagine, for example, if Betty’s parents teach her that she need to sleep alone in her room and in this effort, she will get some reward then this learning and reinforcement may help them to get rid of this issue. An individual shows a behavior (e.g. a loud burping at the table) and, depending on the reaction of the environment, will show this behavior more frequently or less often (no more) in the future. To associate a particular behavior with a certain consequence.

References

Blackman, D. E. (2017). Operant conditioning: an experimental analysis of behaviour.

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Staddon, J. E., & Cerutti, D. T. (2003). Operant conditioning. Annual review of psychology,

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