Name

Instructor’s Name

Course Title

Date

Horton Technique, Learning Choreography Leading to a Performance

Horton developed the dancing techniques in the modern style basing on the American new movements and the anatomical study. However, the process of creating these movements and the choreographing had several methods in the art of stage and filming that Horton established. The first techniques were committed to the American theatres in the US. Horton is the founder of the modern techniques dances in Ailey’s study in the extensions programmers. The dancers joining the training/school are well prepared through the drawings of the art dance, including the creative warm-ups from Horton styles (Pita and Lyudmila 20-30). For instance, it arguably the techniques used by Horton started with the use of the flat backs, with the laterals stretching; tilted lines and the styles included Jazz up movements.

The modern technique included the use of the lyrics, circular movements, and stretches techniques. Horton incorporated various senses of humor and maintaining the interests of the great dancers in the field. Additionally, the dancer was required to make varied shapes in the theatre so as the dancer to make of the available space with energy in place. Horton’s techniques developed the strengths of the dancers and their flexibility that that brought about constant movements. Arguably, at the primary level of Horton’s methods develops the spines, muscular development, with the hamstring at the same time. These combinations impacted dancing art, making the dancers more involved, and learning modern techniques. Horton did great work in the art of dancing with the incorporation of intelligence that attracted the interests for many years (Aumiller, 6-8).

Works Cited

Pita, Aldo, and Lyudmila Pet'ko. "The Development of Modern Dance." (2013).

Aumiller, Renay. "Choreography for aerial dance." Journal of Physical Education, Recreation & Dance 83.8 (2012): 6-8.