[Continuum of Care Evaluation and Analysis]

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Continuum of Care Evaluation and Analysis

The emergence of chronic diseases in recent decades are considered the major health concerns of American populace. By definition, chronic disease is a condition that progresses slowly, continues for long durations of time, having no impulsive cure, and more often than confines ability, efficiency, and life quality of a person who suffers from it. Asthma is one of the chronic diseases in the US and one of the principal reasons of school absenteeism. This chronic illness is more common among children and adolescents. There are number of community and national resources that are working for the control and cure of Asthma.

# Community Resources

Community resources that are working to cope with the perils of Asthma and improve the quality of life of the people who are suffering from it. All such community services are levitating awareness and intensifying instructive outreach in every community (Hindi-Alexander & Cropp, 1981). The two such community resources are as follows:

## Winning with Asthma

Winning with Asthma is a community resource that is helping people who are living with this chronic illness. This program helps the athletes to learn how this chronic disease affects their ability to compete. In addition, online training is also offered by the community resource to teach the following.

* Basics of Asthma
* What steps should be taken when athletes experience asthma attacks
* When medication is required and when

## Allergy and Asthma Network

This nonprofit organization which is a network of families actually and offers information regarding allergies and asthma and how to live with them.

# National Resources

National resources that are working to levitate the quality of life of the people suffering with asthma many. Two of these services are:

## American Lung Association in Minnesota

This national service provides training opportunities to the healthcare professionals and to the people who are suffering with it. This national resource offers educational programs to help people stop smoking and managing their asthma.

## Asthma Community Network

This national resource is committed to provide cooperating space to programs that are community based (Joseph et al., 2007). The resource also helps organizations that sponsor such programs. Sponsorship includes the following.

* Providing health plans
* Supporting nonprofit organizations.
* Offer exchange programs and coalitions.

# Analysis

All the national, community and national resources mentioned above are beneficial in terms of fighting with chronic illness like asthma. Such services and resources have improved the quality of medical care and established self-management support system. Surveillance of disparities and community education are also the two main components which these national resources are equipped with. These resources also provide collaboration with other stakeholders and assess the work of services in order to identify the areas that need improvement.

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# References

Hindi-Alexander, M., & Cropp, G. J. (1981). Community and family programs for children with asthma. *Annals of Allergy*, *46*(3), 143–148.

Joseph, C. L., Peterson, E., Havstad, S., Johnson, C. C., Hoerauf, S., Stringer, S., … Pallonen, U. (2007). A web-based, tailored asthma management program for urban African-American high school students. *American Journal of Respiratory and Critical Care Medicine*, *175*(9), 888–895.