Leadership Style

[Name of the Writer]

[Name of the Institution]

Leadership Style

**Strategic Leadership**

Based on the completion of self-assessment and in-depth self-analysis, it has been found that the leadership styles I possess are Strategic Leadership. In my opinion, strategic leadership is the leadership style that is found commonly effective. I possess the strategic leadership because I used to set an intersection between nursing practices and potential growth opportunities in a particular field (Porter, & Malloch, 2015). Beyond that, I prefer to accept burdens of executive interests and activities while making sure that the working practices and working conditions for nursing and nurses remain fully fine and stable.

I also like to have this style of leadership because this is the leadership (strategic leadership) in which the leader supports a number of subordinates in their responsibilities and work practices (Fischer, 2016). As well as, I (the leader) also find myself the person who even sets a dangerous precedent in regards to how much people or individuals I can support as one time in this leadership.

**Leadership and Management Theories**

There are several leadership and management theories that could be found aligning with my leadership style (strategic leadership), but some of the most suited and perfect ones are explained in terms of alignment below.

**Trait theory**

Trait theory is a leadership and management theory which is somehow similar to the Great Man theory of leadership and management. Trait Theory one of the theories which align with my leadership style. This theory aligns due to several reasons which are, but not only the following.

* In trait theory the leader or leaders inherent several traits and qualities which make them better and differentiated to suit the leadership. While, after self-assessment, I can be found the person who has certain qualities that make me a better suit to leadership such as setting an intersection between the practices and potential growth opportunities.
* This theory also aligns because traits of theory align with my leadership style which is self-confidence and courage (Nagelkerk, 2005), while I have these capabilities in shape that I take the burden of interests and activities.

**Contingency Theory**

This leadership and management theory is the one that aligns with my leadership style because this leadership theory focuses on different variables associated with a particular environment which also determines which leadership style suits the best (Nagelkerk, 2005). So my leadership style of supporting numerous individuals at one time suits in the nursing practices. E.g. supporting nurses (more than one) in an operation (Thompson, 2019).

**Behavioral Theory**

This leadership and management theory states that effective leaders and managers are made, not born (Nagelkerk, 2005). This theory aligns with my leadership style because it states that great and effective leaders are made, not born while the capabilities of leadership that I possess are identified and developed through actions while they are a bit less based on my born and mental qualities. As well as my leadership capabilities have been learned through seeking and observation (Thompson, 2019). Hence, that is why the theory aligns in a fine way.

**Work Environment**

There are many work environments where an individual can engage in, but the work environment where I would be the best fit as a leader is Social. In this, I would be involved in healing, helping, and developing others where my traits would be supporting, cooperating, engaging, assisting, and friendly to coordinates.

**Actions/Behaviors for being Successful Leader**

1. To be a coach instead of a manager
2. Recognition of achievements
3. Listening vigorously and actively

The above are the actions and behaviors which are required for me to be a successful leader in my field (nursing). Being a coach, I should provide support, guidance, and recognition to each of the persons. For staying a successful leader, I would not underestimate while I need properly reward the achievement of every person which may be a big or small one. Beyond that, listening actively to peers, mentors, and managers or else one is also one of the most crucial things for being a successful leader (Bortoli, et.al, 2019).

**References**

Bortoli, S. H., Fatima, M. N., Lecorps, K., & da Silva, F. A. M. (2019). Leadership in Nursing: why should we discuss it? Revista Panamericana de Salud Pública, 43.

Fischer, S. A. (2016). Transformational Leadership in Nursing: a Concept Analysis. Journal of Advanced Nursing, 72(11), 2644-2653.

Nagelkerk, J. (2005). Leadership and Nursing Care Management. Elsevier Health Sciences.

Porter, T., & Malloch, K. (2015). Leadership in Nursing Practice. Jones & Bartlett Publishers.

Thompson, J. (2019). Theories of Leadership in Management. Bizfluent.com. Retrieved 1 October 2019, from <https://bizfluent.com/list-6574405-theories-leadership-management.html>