Discussion Board Forum 2

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# Content

Hawkin’s and Clinton’s book, *The new Christian counselor: A fresh biblical and transformational approach,* tries to present a novel method for assimilating Christianity to the counseling setting (Hawkins & Clinton, 2015). Throughout the sections, numerous ideas that are imperative for the Christian therapists were discussed. However, some ideas apprehended my consideration more than others. Describing Christian counseling, Christian Recommending Models that are still castoff to this day, Attachment theory, Larry Crabb's seven stage process, and Multitasking were prompting the ideas singnificantly (Hawkins & Clinton, 2015). The Christian Counselling Models such as Larry Crabb's model can effectively help therapists in multitasking and counselor-client communication. To successfully address the challenges of multi-tasking in Christian counseling, therapists should adapt the Crabb's model that helps in teaching, reforming, recognizing "Spirit-controlled feelings", behavior and thinking. Professionalism in spirituality and counseling is excellently described in the book.

Multiple roles such as engineers, observers and participants were explained in the book. McMinn's assessment map provides readers a guide to understanding the self-awareness methods, healing relationships and developing lasting relationships. *METAMORPH* provides that no one is beyond improvement and that counseling is essentially a redeeming process. It relies upon the statement of spiritual creation custom that long-term change and particularly revolution happen through a variation of the core self.

# Replies Content

Hawkins and Clinton (2015) align with the lectures in the past few weeks regarding the integration of Christian Counselling, multitasking and assessment of the client, which with their approaches, presents a general view that the class has discussed in the previous weeks. While the authors explain how God is life and therefore, a part of our daily lives, they explain the relevance of their topics and more significantly how it pertains to client and counselor (Hawkins & Clinton, 2015). The book identifies themes, which when broken down to core, reveal the cause of spiritual perception in one's life. In recommending clients, therapists require to focus on assessment, counselor-client relationships and self-awareness. Also, therapists must stay up-to-date with developments in novel research, exercise and quality services. I think the sense of right and wrong, and training was dictated effectively and can help a counselor improve his skills. Hawkins's and Clinton's book offers readers a guide to the foundation of therapy and its methods of multitasking, action, adaptation, self-awareness and Christ-like character.

References

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