Your Name

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Date

Abortion Is Bad for Women Health

 About six million women become pregnant every year in the United States of America and over one million of those women take the hard decision of abortion during one of the stages of their pregnancy. Although, this topic is highly controversial because of its extreme psychological, physical and social effects that are viewed in both negative and positive ways. it has remained a burning debate for the last many years because it is quite a diverse topic and everyone has a different opinion about it. Many people connect it with their religious perspectives in some countries, some relate it to physical health and some view it through a feminist perspective. Thus, it seems difficult to put together all their opinions on a single plate and it’s not going away anytime soon. However, as far as human health is concerned, abortion is a dangerous procedure and many people do not realize the great potential for negative side effects and certainly negative psychological effects (Gerdts et al.). Its high time women should realize that it is not safe to put two lives at risk as it is involving techniques that can destroy the main function of the body(Rubin). Many types of research have shown that only irresponsible and young women choose abortion in their life and women who choose abortion are careless, willful, promiscuous and selfish in not accepting their “biological destiny”. There should not the concept of "We Women Decide" because it has hazardous implications on both the mother and the child and in the case of abortion the child is dead already. One of the most annoying and disturbing things about abortion is that many women are not told about the extreme side effects of abortion. they are not counseled by anyone that they should not risk their life for abortion and in this way, they end up getting so many health problems like anxiety, depression or suffer from some post-traumatic stress disorder (Harris and Dalton). The loss of a soul remains attached to a woman for the rest of her life that results in extreme anger towards life and pushes her t terrible situations. Apart from these, other main risks that are associated with an abortion are an infection of the womb, continuation of pregnancy, some of the pregnancy that remains in the womb, excessive bleeding, damage to the womb and damage of the entrance to the womb (cervix).

 Therefore, it is necessary to take all the safety measures before doing an abortion. not every woman can deal with physical and psychological pain and not every woman is strong enough to lose her child. It is a natural process and should remain a natural process. They should get counseling from psychologists and gynecologists before going for abortion and discuss the consequences of this with their partners and family members. If they do not want any child than they should just follow the easy steps of using contraceptives or take other precautions for not getting pregnant in the first place (Munakampe et al.). Laws and policies should be made by the government to improve the safety of women and restrictions should be imposed on young teen girls to secure their life.

Everyone including myself should play their role in spreading general knowledge about the harmful consequences of abortion and should tell people that abortion is bad for health through the medium of media. We can see millions of youth involved in social media and one can use this as a way to forward the information about abortion. Instead of making abortion common practice, everyone should play their role in counseling women.

Work sited

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