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Individual reflection

My experience of working with the team in healthcare institute allowed me to explore my leadership skills. I realized that effective teamwork is essential for attaining a patient's satisfaction and delivering high-quality care. Effective teamwork is recognized as a significant tool for constructing effective patient-centred care. The process involved several complex tasks such as understanding the nature of the workplace, building pace, handling conflicting situations, promoting a collaborative environment and accepting suggestions (Babiker, et al., 2014). My encounter with teamwork allowed me to understand the need for attaining common goals. Working in teams is different because one cannot focus on individual goals only.

Working with a group is not simple because it requires maintaining continuous coordination with fellow staff. During my group task, I had to assure that a certain level of coordination existed between members because it improves the outcomes and goals. communications are required for transmission of information among group members. This eliminates the possibilities of miscommunication or information delays. I was actively involved in sharing the interpretations, observations and acquired advice from members where it was required. My experience allowed me to realize that teamwork demands co-operation. By engaging in discussions with the staff I managed to minimize high-degree risks such as errors in medication and diagnosis. This permitted me to explore human factors perspective adopted for removing barriers to effective communication. Another important aspect that I employed for managing group work includes accepting and giving (Gluyas, 2015). In completion of different tasks such as conducting diagnostic tests, I gave suggestions based on my knowledge and experience. In the same way, I also accepted the opinions of the group members.

To assure attainment of goals I managed to resolve conflicting situations. Working in a team involves many complex situations which can lead to dispute or argument (Gluyas, 2015). The healthcare professional thus require adequate skills for handling the situation intelligently. To overcome such scenarios I used conflict management skills that allowed me to focus on team goals rather than individual interest. The conflict aroused due when my interpretations were different from my colleague. I stated that the patient treated from asthma can be discharged after providing self-care guidelines. my colleague refused to accept my advice and suggested that the patient must stay in the hospital for 2 more days. To overcome this issue I suggested taking advice from a senior healthcare profession. The adoption of reasonable strategy allowed me to get rid of the conflicting situation. This experience permitted to develop adequate skills for managing conflicting situations.

My experience of working in a group allowed me to explore my leadership skills. There are many challenging situations that require adequate skills set and leadership attributes (Sinha, 2017). The most dominant leadership attribute that I developed through my teamwork includes problem-solving attitude. I learned that the probability of unexpected situations is most likely to occur in the healthcare environment. The professional needs to use his intelligence and scepticism for fining the solution. I encountered a situation in which one of my group members behaved rudely with the patient. This caused the patient to complain about the hospital service. to solve the issue I talked to the patient and apologized that calmed him. This experience made me realize that a healthcare professional needs to act wisely according to the situation.

Equality and participation from all members is another profound factor that I explored through my teamwork experience. Every professional must participate in group task because it improves the quality of healthcare and leads to improved outcomes (Sinha, 2017). To ensure equal participation I assured that every professional was provided with an opportunity to interact and share their observations. I witnessed this situation when the team had to devise a healthcare plan for the patient of asthma. In the process of designing a plan, I was performing the role of the leader so I encouraged every member to share their opinions. This was to assure that the teamwork leads to the creation of the most effective and practical plan.

Power distribution is also an important aspect required for working in a team. This reflects the need for recognizing the importance of every member and giving them the opportunity of sharing their opinions (Gluyas, 2015). I personally witnessed the situation when I had to perform different tasks in the group. This concept is important for enhancing the motivation and productivity of staff members. During my role as a leader, I assured that power was shared equally and no one member holds excessive authority. This allowed me to learn that without power distribution provision of healthcare quality is not possible.

References

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