Personality Assignment

[Name of the Writer]

[Name of the Institution]

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**Introduction**

Every human being has been blessed with a different set of characteristics or qualities. These traits or qualities define the nature of a person and is usually known as the personality of a person. The unique set of traits that exist in the personality is known as the personality type of that person. A personality type is usually defined as a combination of different personality traits that are frequently seen together with consistency in an individual. This combination includes certain patterns and responses to certain situations that may be spontaneous or pre-planned.

 There are many types of personalities that have been discovered so far. The discovery of these personality types has proved to be a milestone in not only the subject of psychology but also philosophy and criminal law. In addition to this, the researchers and experts are still trying to figure out more personality types in order to find an explanation of the behavior and responses of different individuals to the various phenomenon. Researchers have come up with a number of tools and instruments that can be used to determine the personality type of any individual. These instruments help researchers, scholars, and psychologists to study various aspects of a person’s nature and even improve their personality. These tools and instruments can be used to detect and rectify the flaws in an individual’s personality.

**Discussion**

One of the most successful and reliable personality tests that are trusted among many experts of the field, even many experienced psychologists, is the "Myers and Briggs Personality Type Indicator". This test was devised by Katherine Cook Briggs and daughter Isabel Briggs Myers in 1944 (Myers, McCaulley, Quenk, & Hammer, 1998). It was based upon the psychological concepts of Carl Jung but was also slightly different. The Myers and Briggs Personality Type Indicator (MBTI), also known as MBTI, divides the human personality into 16 types. All these personality types are based upon four alphabets typology and it can easily be found at <http://www.humanmetrics.com/cgi-win/jtypes2.asp>.

Being a student of psychology, I was very keen to find out, in which category of personality I fell, or to which group of personality characteristics I belonged to. So I took the test online on the above-mentioned website. I was amazed to see how accurate the results were and how precisely this quiz told me about my personality type. I found out that my personality type was “INTP”, which meant “Introverted, Intuitive, Thinking and Perceiving”

My results showed that my personality was Introvert (12%), Intuitive (44%), Thinking (3%) and Perceiving (34%). The short descriptions explained that I have a slight preference of Introversion over Extroversion (12%) in addition to a moderate preference of Intuition over Sensing (44%). I exhibited marginal or no preference of Thinking over Feeling (3%), plus I had a moderate preference of Perceiving over Judging (34%). The detailed explanations gave me a little more insight into my personality type and informed me that people with INTP personality type are pensive and analytical individuals. They are very thoughtful and sometimes plunge so deeply in their thoughts that they seem detached from the world around them.

I had a very fun and amazing experience while taking this test. The questions were very sought out and seemed to be designed after deep research. Many questions in the test required me to rattle my brain and I had to read them many times before choosing the right answer. The results were amazing and I was surprised to see how accurately this test can tell almost every aspect of your personality by simply asking a set of questions.

In psychology, every personality type has its own certain highs and lows, same is the case with me (or my personality type). As the results indicate, INTPs are very introverted people, so they have a very limited social circle. In addition to this, INTPs are very “cool” are calm people. They remain peaceful even in very stressful situations. As their brains are always filled with thoughts, they come up with some of the most unique and interesting ideas and solutions. The bad side of this personality type is that they are extremely blunt and can be heartless sometimes (Jankowski, 2016).

In my personal opinion, I feel that having a knowledge of your own or someone else’s personality type can be extremely beneficial as it can help considerably in understanding them. It can help in identifying the likes and dislikes of the other persona and can be used to modify your behavior according to them. Talking in terms of career and professional growth, the awareness about personality type can let the employers judge that in what situations and under what circumstances a specific employee can perform better and hence judging their skills in that particular context.

The concept of personality and personality types fits in a biblical worldview in the sense that the Bible states that all humans have been created unique. This can be due to two reasons, firstly, as we all know God created this world. Secondly, every human being has a different experience and reaction to the different phenomenon in this world. God himself states in NIV Psalm (139: 13-16)

“For you created my inmost being;
    you knit me together in my mother’s womb.
I praise you because I am fearfully and wonderfully made;
    your works are wonderful,
    I know that full well.
My frame was not hidden from you
    when I was made in the secret place,
    when I was woven together in the depths of the earth.
Your eyes saw my unformed body;
    all the days ordained for me were written in your book
    before one of them came to be.”

**Conclusion**

Hence, it can be concluded that every human being is unique and every personality type has something positive and negative both. I have a personality type INTP which is inclined towards introversion, intuition, and perceiving. In my opinion, knowing about one’s own personality type can be extremely beneficial of their own self in their personal and professional life. Overall, I had a very good and full of knowledge experience with this test and got to learn a lot of new things regarding my personality.

**References**

Myers, I. B., McCaulley, M. H., Quenk, N. L., & Hammer, A. L. (1998). *MBTI manual: A guide to the development and use of the Myers-Briggs Type Indicator* (Vol. 3). Palo Alto, CA: Consulting Psychologists Press.

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