Institutional Affiliation

Student’s name

Course

Date

**Research Problem: Causes and Effects of Heart Attack**

The research problems in this context are the cause and effects of the heart attack. This is one of the health issues affecting most people, yet its main cause is undefined (Gupta et al, 2018). There are various theories that are used in explaining the cause of heart attack but still, they don’t provide adequate information on this particular health issue. This research is important to health workers since they need to understand the actual cause of heart attack so that they can well educate society on things to avoid so that they may not fall victims. The major question of the research is whether the heart attack affects people due to age factors or merely through the kind of lifestyles people lead.

In searching for the articles appropriate for this health problem, some of the keywords used include coronary diseases, stroke and high blood pressure (Stewart et al, 2016). All these are some of the issues that are closely related to heart attack, and their present have high chances of triggering a heart attack. The type of article found is a secondary source, which highlights various issues related to heart attack. This includes causes, diagnosis, and prevention among other things.

The article basically reviews some of the information that is important in having much understanding of the issue of the heart attack. Various prevention measures are also well highlighted, one of the information that is very helpful to the reader (Yousufuddin et al, 2018). I feel the article is good since it has all aspects related to heart attack. When it comes to the study of causes of heart attack and its effects, there are various things which need to be looked at in order to have a better insight of the same. The article is a secondary source. This is because is found under the medical news, meaning that the information was extracted from another source before being shared.

Article: https://www.medicalnewstoday.com/articles/151444.php

References

Gupta, K., Kaul, P., & Kaur, A. (2018, February). An Efficient Algorithm for Heart Attack Detection using Fuzzy C-means and Alert using IoT. In *2018 4th International Conference on Computational Intelligence & Communication Technology (CICT)* (pp. 1-6). IEEE.

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Yousufuddin, M., Young, N., Keenan, L., Olson, T., Jessica Shultz, B. S. N., Taylor Doyle, B. S. N., ... & Murad, M. H. (2018). Five-Year Mortality After Transient Ischemic Attack. *Stroke*.