[Name of the Writer]

[Name of Instructor]

[Subject]

[Date]

Why is it bad to Text and Drive?

 Texting and driving is a major problem in society. Many people realize that texting during driving is very dangerous, but still, there are many drivers who still do texting while driving. There are many reasons why people continue to text and drive. Texting and driving are one of the dangerous forms of distracting drivers. Texting during driving can cause a life-threatening accident to driver and people inside the car. Many people know the side effects of texting and driving. But still, they can't understand how dangerous it can be for a person's life. It has been observed that many people use devices while driving cars which causes a distraction while driving. These distractions can have very adverse effects not only on the life of the driver (Kiesbye, n.p).

 Texting and driving are just like you are not only putting the risk on your own life but also with the life of many other people. You are not only the person on the road driving a car, but there are also many other people who are on the roads. It's a very shameful act to do texting and driving because you are not only putting your life on the line also putting the lives of many other people on the line. Texting and driving are also unethical and is against traffic rules. Everyone understands that texting and driving is a terrible idea. However, only a few people understand this and follow traffic rules (Telemaque et al., n.p).

It has been observed that 90% of cases of accidents are due to the fault of drivers. The most common mistake of drivers while driving a car is their inattention, internal and external distractions. In other words, more accidents are not because of those drivers who cross the speed limit on the roads, and it is due to the inattention while driving a car. Drivers usually these days focus more on using cell phones than on driving, while driving a car. Researchers found out that drivers are not only responsible for the distraction, but also the people sitting with the driver are the reason for the distraction of a driver (Kiesbye, n.p).

Researchers concluded that texting while driving is more dangerous than driving after drinking alcohol. Texting and driving divert the attention of the driver from other threats. There are many other forms which are distracting drivers, but the main cause of distracting drivers is texting while driving. There are other habits like eating while driving is also very dangerous, but they are not as much dangerous as texting because texting grabs all the attention of a person (American Association for Justice, n.p).

However, texting and driving are against traffic rules and law. There are many states who have specified laws for driving and texting. In some countries, if anyone is found texting while driving that person has to pay heavy fines, and if anyone was found in an accident while using a cell phone, they would face the court. However many countries still are not paying attention to this factor, and in those countries, the accident rate is increasing.

 It's been observed that most teens are being involved in texting while driving because 90% of them expects for the reply of their text within a few minutes rather than waiting for days. Teens usually have been seen texting and driving cars. However, it has also been observed that not only male drivers use cell phones for texting while driving female car drivers were also found driving while texting. Many types of research states that male drivers use more cell phone for texting while driving a car, but there are also a large number of researches that show females use more cell phone while driving a car (Keller & Associates, n.p).

 Some drivers are also overconfident while driving a car. These people don't feel like they are behaving like an irresponsible person when they are using a cell phone while driving. Texting is worse than voice calls because it takes time to type a message and give a reply to someone's text. Phone calls are also distracting, but they are not as much distracting as texting because it completely requires the attention of a person and will be like a person is driving wearing a blindfold.

 The main reason why people text and drive is because they think that cell phone is part of their life and without it, they can't go anywhere. However, these people knew that messages couldn't be appropriately typed while driving. Still, these people text and drive and at the end harm themselves. The problem is that everyone has almost done texting and driving, but only a few people consider it an illegal act. Many people still think that it's totally ethical and it depends on the practice of the person how much good they are in multitasking. However, these people don't know the side effects of texting and driving. These people came to know the side effects of texting and driving when they take the life of an innocent one. The punishment for killing someone in a car accident is at least 3 years (Telemaque et al., n.p).

 However, still driving and texting is getting popular day by day, and people don't care even watching the real-life example of people who died or who have killed someone in a car accident due to texting and driving. There must be training sessions for people to make them aware of the adverse effects of driving and texting. Driving and texting are not only bad for the individual; it affects the whole society. It has been observed that texting is a cause of accident up to 23 times more likely. According to teenagers, they were asked to not reply to email or messages while driving a car by adults, but when adults are driving a car, they continuously use cell phones for texting which is unethical (Meldrum et al., pp.1-20).

 There are many other risks to texting on the road. The most important fact is that the person is breaking the law if he/she is texting while driving a car because texting is illegal while driving. You can even hurt yourself and can damage your car while driving and texting. Texting and driving are very risky, and it is the duty of the state to ensure that everyone is obeying laws while driving a car. There are many suggestions provided by National highway traffic safety administration and federal communications commission to ensure the safety of citizen while driving (Keller & Associates, n.p).

 Technology is the reason for the many accidents, but it can also help in reducing the incidents due to texting and driving. There are many applications and software which can be used to block text messages while driving a car. Blocking the text messages will reduce the chances of distraction while driving a car. However, while driving the best option is to turn off your cell phone. Turning off your cell phone will reduce the risk of an accident and keep you safe while driving. The fact is that texting and driving just show the stupidity of an individual. There is no argument which could support texting and driving. So, it's better to become a mature person in society and don't text while driving a car.

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