American Family

Your Name (First M. Last)

School or Institution Name (University at Place or Town, State)

American Family

American society has witnessed different trends of the family and the household, since the past few decades. Since the year 1980, there is seen a demographic change in the institution of marriage and the trend of the household and family. The people have changed their lifestyles more rapidly than ever before. The customary American household has been going through deep changes for every age, and race, and all cultural groups. In short, the American household is changing the change in every possible aspect. This change ranges from the number of adults that marry, the households that are dwelling of the elderly couples that live alone, the young people living alone in the house, etc. The typical American household has been experiencing deep changes for every age, race, and ethnic group. The trend has changed for the elderly people in the aspect that they have started living alone more than ever before. They live all alone without any other generations present. The value of privacy among the elderly people has increased and this all owes to the change in the traditional morals during the next half of the 20th century.

It is a common fact that everyone is aware of, that more of the elderly Americans are living alone now, and that they have become socially more isolated and lonely. But given the fact we cannot simply jump to the conclusion that the one who lives alone is surely lonely too.

In the US, approximately 29 percent of the 46 million population abode old people live alone. About half of the oldest generation that ages around 85 or fewer years live alone. almost 70 percent of older people that tend to live alone are females, and 46 percent of the women age less than equal to 75 years, live alone. Men usually die earlier than their spouses. The widowed or separated men usually get remarried than the widowed or divorced women are more likely to marry again than are widowed or divorced women. Many of the elderly that live alone report the feelings of loneliness and the loneliness. Also many face health issues, the reason being they do not eat proper meals as eating is a social activity. Despite all these issues, more than 90 percent of the older people state that they prefer to live alone and the reason is that they do not want to bother others, so despite the fact that they feel lonely they continue living alone (“The Elderly Living Alone - Geriatrics,” n.d.).

Societal loneliness might be less prevalent in the common populace than most of the people consider, but it is more prevalent between some societies and areas than others. Elderly persons have a greater possibility of isolation since the bodily feebleness over and above decreases in their household and companionship linkages. Men in America are more probable to be communally lonely than women (Klinenberg, 2016). An elderly man in America made a heart-wrenching call to 911 in the year 2015. He asked 911 to send someone to get him food from the store as he was hungry. The representatives were so moved by the call that they themselves came to deliver the food to him. The report tells that a quarter of the Americans have the risk of becoming the older orphans over the age of 65. This is an eye-opening situation (CBS Evening News, n.d.).

The society in America is changing faster than ever, and so are the cultural norms. It is the outcome of the changes that the loneliness and the social segregation is increasing. Evidently, the American household is nowadays deeply unlike from what it used to be in the previous times. It characteristically is a family with few kids, with both mother and the father working. Simultaneously, more grownups than ever formerly live alone or with unmarried mates. These leanings have deeply transformed the American household and are improbable to be upturned in near future.

References

CBS Evening News. (n.d.). *The crisis facing American seniors: Life as "elder orphans."* Retrieved from https://www.youtube.com/watch?v=hp4Wvv2he\_o

Klinenberg, E. (2016). Social Isolation, Loneliness, and Living Alone: Identifying the Risks for Public Health. *American Journal of Public Health*, *106*(5), 786–787. https://doi.org/10.2105/AJPH.2016.303166

The Elderly Living Alone - Geriatrics. (n.d.). Retrieved May 2, 2019, from MSD Manual Professional Edition website: https://www.msdmanuals.com/professional/geriatrics/social-issues-in-the-elderly/the-elderly-living-alone