Ethical dilemma

The nurse practitioners undergo ethical dilemmas when they act according to their values and beliefs. There is a strong relationship between personal beliefs and ethical dilemma because what nurses choose is the result of their belief. The Nuremberg Code is a focus on identifying ethical principles by defining the patient's right to consent and making choices without undue influence. The code defines the duty and responsibility for maintaining the quality of consent taken from patients. This also suggests that any choice must not cause a degree of risk higher than humanitarian importance.

The NP takes the role of disruptive innovator because she is capable of replacing the physician. Nurses have thus equal responsibility of providing adequate care and healthcare services to the patients (HHS, 2016). They must conduct a thorough analysis of the patient's condition.

If it were at NP's position, I would think about my ethical role because the aim is to help the patient, but any negligence can cause more harm. I would have attempted to take consent from the patient before carrying out any procedures. Similarly, I would ensure that the patient received quality care by minimizing his physical and emotional pain.

An appropriate way of overcoming barrier is by informing the family or relative of the patient about the finances. Legal advice and consent can be effective tools for overcoming barriers. The Nuremberg Code defines that the patient must not be considered for experimentation when the risk is greater than the benefit. Nurses have to value humanitarian importance by taking the decision that is better for the patient (Ranheim, Kärner, & Berterö, 2011).

A nurse having firm belief on her moral responsibility will be more concerned about taking the right decision. As the purpose is to save patient so she can make a right decision by considering what is in his right interest.

References

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