Evidence Based Programs

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Evidence Based Programs

What is the name of the program? Provide the name of the source and a URL link to it.

First-Grade Classroom Prevention Program

Source: Social Programs that Work

URL: <https://evidencebasedprograms.org/programs/first-grade-classroom-prevention-program/>

**For what population is the program recommended?**

A systematically conducted randomized controlled trial (RCT) with a study sample of 18 1st grade classrooms in nine high-poverty Baltimore schools.

**What is 1 other recommendation the authors make about using this program (e.g., where, when, or how it should be used)?**

The First-Grade Classroom Prevention Program when conducted at schools and colleges that combines the Good Behavior Game and an improved academic syllabus intended to progress students' understanding, writing, math, and critical thinking abilities. The study should be conducted to observe the decline in the disruptive behavior of the students. Students should also be monitored to evaluate based on positive and negative learning. The teachers should mark students according to the performance, for example, students miscommunicating during games, and cheating during games. Students with above score 10 should be rewarded and the score should be implemented as a strategy (Marsenich, 2012). The enriched academic syllabus supplements the current course with activities that comprise of collaborative read-aloud time, periodical script, dramatic performance of written work, critical examination of problems from pupils' daily life, and the Mimosa mathematics package. Additional approaches should castoff for pupils who do not respond to the group interference, such as providing teaching to academically-struggling pupils and starting single-member Moral Behavior Game groups for pupils who remain troublesome, to deliver modified incentives for moral behavior.

**How is this program relevant to the social policy topic you have chosen?**

Exceptional and Additional approaches should castoff for pupils who do not respond to group interference. The introduction of teaching to academically-struggling pupils, and starting single-member Moral Behavior Game groups for pupils who remain troublesome, to deliver modified incentives for moral behavior (Caserta et al., 2018). By applying these strategies, pupils with less learning abilities can significantly adopt new strategies and their health will improve. This program can effectively increase the capabilities of children and adults in the adaptation of healthy behaviors. The program can significantly decline the rate of mental health problems in children.

**Program 2**

**What is the name of the program? Provide the name of the source and a URL link to it.**

Circle of Parents

Source: the California evidence-based clearinghouse for child welfare

<https://www.cebc4cw.org/program/circle-of-parents/>

**For what population is the program recommended?**

The program is for the parents or individuals in a parenting role for children ages 0-18 years having children ages birth to 12.

**What is 1 other recommendation the authors make about using this program (e.g., where, when, or how it should be used)?**

The objectives of the program can be achieved in schools going children ages 0-12. Care and support groups can meet regularly to achieve the objectives of the programs. In rural areas, the program would suffer complications in attaining its targets and aims (Marsenich, 2012). The duration would not be specific and participants can avail of the program facilities and usually conducted in 9 to 12 months in schools and religious organizations. These evidenced-based programs should be initiated in schools and at a community level to achieve a decline in the mental health problems in children and youth. It should be organized regularly to initiate prevention strategies at the community level.

**How is this program relevant to the social policy topic you have chosen?**

Developing leadership in schools, colleges and societies can significantly reduce mental health problems among children of growing age. It should be recommended to introduce different parents groups to interact with children such as groups of fathers with children, groups of m9thers with children and groups of immigrants with children to observe the impact of behaviors on children. Parenting is significantly involved in the progress of children and their learning behaviors (Marsenich, 2012). Systematic learning can be improved with great care and parenting. Mutual help support, family contribution, and role of family interaction would be specifically introduced to attain the objectives of the program. It is recommended to initiate programs related to the parenting training, awareness, self-management strategies, strengthening social support system to attain maximum results of the program.

**What is the name of the program? Provide the name of the source and a URL link to it.**

NAME: Using Evidenced Based programs to meet the mental health needs of California Children and Youth.

*SOURCE: California Institute for Mental Health, Sacramento, CA*.

URL: <https://www.cibhs.org/sites/main/files/file-attachments/ebp_children_youth_070811.pdf>

**For what population is the program recommended?**

The program is specifically oriented for children and youth to address mental health problems.

**What is 1 other recommendation the authors make about using this program (e.g., where, when, or how it should be used)?**

Mental health problems in children are increasing day by day. It is recommended to initiate an evidence-based program for youth and children at schools and colleges to have better health of children (Marsenich, 2012). Other recommendations may include the initiation of cognitive-behavioral therapies such as in societies where poor children have minimum access to attend schools and colleges. The need for these interventions is recommended based on areas identified with higher rates of low socio-economic problems (Healy, Kaiser, & Puffer, 2018). For example, the low socio-economic status is directly linked with an adaptation of bad and impaired behaviors in children. Child abuse, substance abuse and other kinds of mental health problems are more prevalent in these areas (Cunningham, Barwick, Rimas, Mielko, & Barac, 2018). It is preventable and avoidable by engaging community members to initiate healthy behavioral programs at the community level for the betterment of children.

**How is this program relevant to the social policy topic you have chosen?**

The utmost convincing reason for applying evidence-based programs (EBPs) in youngsters’ psychological health is that they have the highest probability of generating positive effects and further they can adapt rapidly than normal care psychological health interferences. Since the (EBPs) have been thoroughly assessed, these programs have aim to be assured, that if applied with commitment, they will be operative (Nwabuzor Ogbonnaya, Martin, & Walsh, 2018). Moreover, current research has established a negative consequence for youngsters of untreated or incompetently preserved childhood in developing psychological health problems and underprivileged economic consequences.

References

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