Career Goals

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I have been part of Nursing for quite a long, therefore, I am very much clear about my goals which I need to accomplish while being part of this field. This paper is designed to illustrate some of my short- and long-term goals which I want to accomplish. The essay will also analyze the way by which I will accomplish this task.

# **Introduction**

When anyone is part of the Nursing Institution or is planning a career in this domain, there are some short- and long-term goals which one need to consider in mind. The short-term goals are often limited to getting good grades in the institution, where one is studying; whereas the long-term goals are the accomplishment one eyes in achieving while being practically a part of this field. Different from the short-term goals where the aim is narrowed toward accomplishing the degree tasks, the long terms goals are quite different. People often analyze, what they are achieving or what they want to accomplish. This debate remains relevant to long-term goals. What happens in between them is of secondary in nature and do not hold quite an importance. The short- and long-term goals, which I have in my mind are described below.

# **Short term goals**

Like Gulanick and Myers, the short term goals should be in line with what one believes can aid his ambitions in the future (Gulanick & Myers, 2016, p. 123). I have been putting my best in my college years to accomplish my academic objectives. The first and foremost goal among some short-term goal is to complete the degree timely and with bright colours. I believe that I have left no stone unturned to achieve this objective, which shows that gradually I am coming close to achieve this target. For Spry, the second and primary short term goal for a nurse should be to perform well in the clinical rotations (Spry, 2016). I have this in mind and will finish this target as is expected with a hard-working Nurse. With this, I am eyeing on clearing the NCLEX exam in the first attempt. I believe this stage hold primary importance for every Nurse since it defines what the future career in Nursing would like to be. I have categorized the academics and the rotational nursing practice because it will inhibit in myself the courage to take on the future challenges easily. I am inspired with some senior fellows in my institution and they all have achieved success while being on this very same path.

# **Long term goals**

Like many nurses, my long-term goals are not much different too what I aspire for my future in Nursing. My such accomplishments are associated with what and how I will put in my effort to achieve best. Such goals can be achieved once I complete my degree in critical care and achieve a satisfactory level of clinical expertise. Besides all this, I acknowledge the fact that the health care field is dynamic and ever-evolving, therefore my long-term goals can be limited but will always add to my expertise. My first long term goals are to get a master’s degree in critical care and Nursing. I believe many of our colleagues lack the confidence to pursue this career on higher designations, just because they lack higher qualifications. Frankel has also prioritized the achievement of this goal (Frankel & PGCMS, 2019). My second-long term goal is to conduct workshop and sessions in nursing management and organizational leadership. Fischer writes that organizational leadership offer the opportunity of being a nurse leader (Fischer, 2016). This is what I believe can be my ultimate achievement. The expertise in being a nursing leader and demonstrative abilities to conduct organizational leadership sessions straightforwardly provides an opportunity to steer a highly regarded hospital.

# **Ways to accomplish short- and long-term goals**

I have been a thorough observer of things happening around. I have interacted with many senior nurses who were once part of this institution. I also feel fortunate for getting a chance to interact with senior nurses who have demonstrated extra abilities in this profession. What I have acknowledged throughout my little experience is that perseverance is the ultimate key for standing different. Following are some ways as highlighted by Hockenberry and Wilson, I believe can help me accomplish my short and long term goals (Hockenberry & Wilson, 2018).

**Being clear about the end goals:** Critical care is always evolving and sometimes a small incident can alter your goals. I think it is of primary importance to be clear about the end goal whether it be of academic in nature or professional.

**Distinguish own self:** There are several females and even male pursuing extraordinary things in their life and especially in health care. If one stands different by pooling in the utmost effort, this can serve very long.

**Earn the credentials on time:** Time management is an ultimate key to success in every field. In health care, earning credential on time serves many purposes. Almost half of the short and long terms goals are linked with earning the nursing credentials on time.

**Keep motivated:** Motivation is the last but not the least ingredient to extract what is beneficial for you in a very large pool of expertise. Motivation serves the purpose of being straight-headed and clear. This is how, I believe I can achieve my short- and long-term goals.

# **Conclusion**

Nursing is much different from many areas of expertise. It is critical in nature and demands exerting extraordinary abilities in episodes of stress. A managed and well-structured life is one way which illustrates upon an individual, as how to manage stress and responsibilities hand in hand. The structure of a nurse life is based upon such short- and long-term goals. Their practice on time is what makes a nurse stand distinguished.

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