Troubled Patient & ROM Exercise

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In the enlightenment of the French and English Philosphic Treatsies, it is the patient’s

fundamental right to determine his or her treatment. To avoid any foreseen condition in which the patient refuses for the treatment, informed consent should be obtained before the start of any treatment because it is a major right of the patients to forbid the practitioners from any kind of treatment that they might not like (I., 1991). A practitioners, in such cases should pursue the patient through talking. However, just in case, if any of the things don’t work out, the physician should come in contact with the patient (Jonsen AR, 1986). It is a legal duty for a physician to respect the patients concerns regarding treatment even though the patient is depressed or worried because of the same reason. After reaching out to the patient through a physician, the physician should convince the patient through vigorous persuasion about the ebenfits of the Range of Motion exercises in correspondence with the problems they are facing, and a balance which assures overcoming the irrational fears to pursue the promised treatment. These fears should be explored properly and combined with a proper education f\ the physician at equal time intervals is ethicallty permitted and should result in the favourable outcomes in such cases (Brock DW, 1990)

In circumstances like these, the first assessment should be of the reason the patient is refusing. The first reason that comes across is that the patient has no idea about the happenings or the benefits of the therapy that is going on for him. I would give them an example which would as a result, give them an empowering effect from the exercises. The second method would be to focus on the benefits of the Range of Motion exercises offer like Muscle Strength, Circulation Improvement in the Blood, Flexibility Maintainence of the Body, and Pain Reduction. Throughout the whole session, verbal encouragement in which the patient should necessarily feel safe, is a must. I will make sure that I ear the reasons which are causing frustrations and producing hurdles in the ways of the exercises. Most of the patients have a problem with the time duration of the therapy. For some of the patients, the pronlonged time duration of the exercise can be very hauntful and disturbing instead of relieving. Furthermore, the Range of Motion exercises on any part of the body can make any patient pretty tired. So, instead of just doing this. I would rather, think about it (Lampert, 2016).

If nothing worksout in any of the cases and the circumstances as described above, the last call would be to call the executives and administratives of the Nursing Care center. This nothing working out status will hold the Nursing Care Center liable for this action as the patient or the person will still not be able to perform the certain tasks and assist the practitioners for the sake of improvement in his/her health. Even at that point, nurses will still respond to the query of the patients and will go at grat lengths to achieve the patient’s agreement. The nurse centers are held liable for the event, however, at the point, it is sometimes considered that the consent is preferred but not essential. If the paitent doesn’t agree on the procedure, there are evidences that a nurse without the submission of informed consent administered the needed procedure or the material or whatsoever (Aveyard, 2004). However, such actions in circumstances like these will impose a bad liability in the name of the nursing care center. Even, in the case of non-administration, the nursing care center would be held responsible imposing a bad image on the nursing care center.

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