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Calgary Urban Project Society

Calgary Urban Project Society was established in 1989 with the aim of serving communities. Calgary Urban Project Society developed to help and support people with disasters and calamities in life. Calgary Urban Project Society was established with certain specific objectives, such as the provision of education and awareness among people living in poverty. It was developed to achieve goals such as empowerment and delivery of enabling the environment to Calgary families. Calgary Urban Project Society serves people intending to help and support those suffering from trauma, achieving necessities of life such as health, quality care, education, and housing. It is an organization that has efficaciously achieved success in the republic in a very short period (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). They have facilities for evidence-based healthcare practice, scientific bodies for the development of people, appreciation, and awards for societies, and multiple significant stakeholders to create an impact on societies. Calgary Urban Project Society delivers services to Calgary families in terms of financial aid, social support, and economic livelihood. Predominant services provided by Calgary Urban project Society are education and healthcare, particularly, medical care, emergency care, and mental healthcare and dental care through community programs.

# Mission and Vision

The mission of the Calgary Urban Project Society is to promote education, housing, and integrated healthcare. The chief objective of the Calgary Urban Project Society is to assist families in Calgary to get self-sufficient. The aims include the provision of support to families and communities suffering from trauma and poverty. They have supported and assisted many families in Calgary. They have been working intending to provide housing and healthcare to families suffering from trauma and other related incidents (Jagodzinski et al.). Vison of the Calgary Urban Project Society is to provide services to Calgary communities to help them sustain themselves and to become self-sufficient. They developed the Calgary Urban Project Society intending to progress the health and education of people that can significantly reduce unemployment from communities. Delivery of healthcare services, specifically mental health services for people suffering from traumatic events in Calgary.

# Programs and Services

They deliver health services, developmental resources, housing, food and finance services, and services related to emotional and social support. Calgary Urban Project Society serves people and communities in healthcare, education, and development of children, mental health and empowerment by providing safe and secure housing and quality medical care. Calgary Urban Project Society serves people in various domains; however, a few of them are discussed in the paper in detail.

# Healthcare Services

Calgary Urban Project Society deliver services to patients having no families and no regular physicians and have low socio-economic status. Services are provided from Monday to Friday on a first come, first serve basis (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). Calgary Urban Project Society delivers healthcare services such as screening, testing, prescriptions, check-ups, and treatment. It also delivers services of vaccination, immunization, and referral services. Clients and patients need to have proof that they belong to low socio-economic family or immigration documentation. Clients residing in Calgary have special cards through which they can access and avail services provided by Calgary Urban Project Society. Only those would be able to get services delivered by Calgary Urban Project Society having cards and proof that they belong to low socio-economic status. The purpose of the proof is to maintain transparency and to deliver services with equity and equality; therefore, maximum people receiving services from the Calgary Urban Project Society are truly needy.

Healthcare services involve medical practice with noteworthy therapeutic self-sufficiency and accountability, which embraces responsibility for the all-inclusive quality of care. It shows that they are involved in delivering treatment and inpatient care (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). They provide services related to care to follow up and delivery of quality care to families. They serve humanity and practice in a multidisciplinary way in a therapeutic care center incorporation with all departments of healthcare to optimize individual results.

Calgary Urban Project Society supplies an all-embracing standard that they are predictable in the future. Such as how and when the family will need assistance (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). They understand the needs and requirements of families; therefore, engross with individuals in an informally safe and polite way, truthful and compassionate specific relations, and trail their errands to deliver services with confidentiality and privacy. They deliver services in therapeutic and medical hospitals for Calgary families (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). They work specifically for Calgary Urban project Society hospitals and deliver healthcare services to people having low socio-economic status. People and families in need have no access to quality care and are deprived of a nutritious diet. Calgary Urban Project Society provides them with nutrition and healthcare services to help them become self-sufficient.

Calgary Urban Project Society serves according to the community plan and standards of care. They provide amenities in association and collaboration with a multidisciplinary workforce for the delivery of quality care to families and adults (*Calgary Urban Project Society - Sexual and Reproductive Health Choices*). They identify their limitations and deliver competent services in a specific range of healthcare such as eye care, inpatient care, dental care, specialist care, and lab services. They certify safe therapeutic and treatment practices in the areas of emergency department and older people care departments. These are the capacities that unambiguously need safe and protected therapeutic services. Aged people and children are victims of abuse most of the time. Calgary Urban Project Society provide safe accommodation to people having no family support and are living in remote areas. They are working and serving in breaking the barriers of isolation and hopelessness. People living in poverty and scarcity generally have poor health and have no access to an appropriate diet. Calgary Urban Project Society works in collaboration with other food and drug regulatory bodies to provide adequate nutrition and medicines to the people and families in need.

Being recognized by authorities in relations may sponsor recovery procedures characterized by connectedness, optimism and positivity, independence, importance, and enablement (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). The mental health difficulties are connected with the least access to health care that the Calgary Urban Project Society is serving. For example, patients with depression and other mental health disorders need regular care and sessions with consultants. It is mandatory to acquire good behaviors and get recovery from mental health disorders (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). Regrettably, persons with less access to healthcare facilities usually progress in the development of complex mental health illnesses. By smearing interactive approaches, such as obtainability and user-friendliness to the facilities is required essentially for these patients.

The facilities, if accessible for an individual with mental health complaints, can have an opportunity to live a healthier life (*CUPS | Client Stories — CUPS Calgary*). These challenges can successfully be diminished with collaboration and collective approaches, partnership with the administrations and public based health plans that Calgary Urban project Society is successfully delivering. Individuals having depressive disorders and living in stress and anxiety need social and communal support to become active and adapt healthy behaviors (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). It has been evaluated from different studies that people living in stress and anxiety usually prefer loneliness and isolation. However, the scientific society of Calgary Urban project Society serves these people by interactions and participation in community programs. Scientific society of Calgary Urban project Society works following new research and evidence-based practice to deliver effective and practical services that make a difference in their life. Timely access and availability of healthcare services are predominantly required for people and families with low socio-economic status.

# Child Development Center

Early childhood development is essentially important for families that are not self-sustaining. Education in the early years of life is significantly important for the children to learn and adopt healthy behaviors, particularly Calgary families. Calgary Urban Project Society delivers services to these families, especially helping their children to get an education (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). Families with low socio-economic backgrounds usually do not pay attention to the education of their children because of a lack of resources. Calgary Urban Project Society helps and assists families in the development of children as well as supporting their education.

Learning and development of children and individuals is a process of continuous, self-motivated and chase of knowledge, particularly for their personal and professional development. It not only improves communal inclusion, vigorous social responsibility, and individual growth, however self-sustainability, keenness, and employability also increase (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). Currently, consideration is given to teaching and learning methodologies; however, the most significant factor is the development of children constructively (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). Various studies have indicated that children need continuous efforts to acquire positive and healthy behaviors. It needs efforts and struggles for the Calgary Urban Project Society to develop a healthy community that has improved behaviors. People living in low socio-economic status usually acquire bad behaviors and impaired characters that significantly influence children (*CUPS | Client Stories — CUPS Calgary*). Calgary Urban Project Society is working with motivation and enthusiasm.

Calgary Urban Project Society has hired individuals having skills and courage to motivate themselves to learn and adapt progressively, will ultimately participate in the development of children. Nowadays, it has been observed that healthcare providers and teachers pay the least attention to patients and students, respectively and this is because of a lack of their interest. Possibly it is additionally significant for educators to opt social work profession as an occupation if they are obsessive, passionate and can learn with time. Numerous surveys and interviews have revealed that the Calgary Urban Project Society has acquired these important characteristics to become a prosperous society.

# CUPS Economic Support

Calgary Urban Project Society delivers services related to Tax clinics by ensuring taxation of families. For example, delivery of services to help families in dealing with crises by the provision of crisis intervention funds and graduated rent programs (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). These services are significantly required for the families of Calgary. Funding and economic support are essentially required for a family to get settled or self-sustained. Economic and financial support helps families to develop and progress among communities and to get necessities to survive. Economic and financial support is required for Calgary families and to fulfill their necessities of life.

# Social and Emotional Support

Family and community development, as well as parent education and parenting programs, are also included in the services by the Calgary Urban Project Society. They deliver services as an educator and/or psychotherapist to communities and individuals in healthcare facilities to support families emotionally and socially (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). Calgary Urban Project Society examines health care strategies for their clients to strengthen their social and emotional well-being. Their facilities and services affect disorders, illness and emotional status of these families significantly. They apply strategies and inferences through supervision and dynamically influence and play key roles in Calgary families through emotional empowerment.

# CUPS Rent Subsidy Program

Calgary Urban Project Society delivers services related to rent and financial aid by ensuring the safe housing of families. For example delivery of services to help families in settling such as safe housing by the provision of funds and graduated rent programs. These facilities are significantly required for the people of Calgary to survive. Funding and financial support is a fundamental requirement of a family. Economic and financial support supports families to progress and improve their living status among communities and to get self-sufficient to survive (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). Economic and financial support is required for Calgary families to fulfill their necessities of life.

# Impact in the Community

The clients and customers have been reached over 11,000 in the year 2019. The customer services have been changed, such as care plans and emergency care services and records of data to deliver evidence-based services to the clients (Jagodzinski et al.). Regular and clients taking active services are recorded to evaluate services and to enhance customers. They develop 900 new customers and clients every quarter (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). Services related to healthcare and education are preferably recorded as the clients are regularly availing services. The support system is being evaluated as having a significant impact on the lives of families of Calgary.

People have reported that the Calgary Urban Project Society has significantly changed the lives of families by breaking negative cycles and influencing their lives positively. 83% of families have significantly reported a positive impact of community programs of Calgary Urban project Society services (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). Calgary Urban Project Society has essentially targeted areas of development to have a strong impact, such as education, empowerment, stability, and self-sufficiency (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). With the help of multidisciplinary approaches, the Calgary Urban Project Society has significantly reduced the burden of barriers such as negativity, crime and impaired behaviors for the recovery of communities (Hickerson et al.). Major barriers were education and awareness level, sustainability and lack of resources for the people to become stable and self-sufficient.

# The Resilience Approaches (The Brain Story)

Most of the Calgary families have gone through traumatic situations in their life. The adverse effects of the traumatic situation and events can cause damage to psychological and emotional health (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). It has also been observed that people from trauma usually adapt impaired behaviors in life and therefore underdevelopment of their brains and other structures leads them to attempt suicide. Calgary Urban Project Society has started 'better brains better lives' campaigns to create community impact with stronger brains (*CUPS | Client Stories — CUPS Calgary*). It has been observed that the development of brain is associated with the development of healthy and improved behaviors. Emotional and psychological health is interconnected with each other. If emotional health is disturbed, brain development would be halted. To help people of Calgary, Calgary Urban project Society has accepted the challenge of maintaining better health people through better brain development.

To facilitate and improve the skills and behaviors of individuals is not always easy. Employees of Calgary Urban project Society can become efficient and best counselors as they motivate people to improve and prosper with time (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). Currently, people think that courses and syllabuses are enough to teach and deliver knowledge to students; however, teaching and counseling students with innovative models and advanced skills is only achievable with scientific and evidence-based studies. Calgary Urban Project Society and its scientific bodies work day and night to develop innovative ways that can help in the development of children (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). Calgary Urban Project Society typically face numerous challenges chiefly physical and psychological. However, if the staff senses that they can make a difference in children's lives, they must opt this with the development of the brain through innovative approaches. Clients have suggested that with the Calgary Urban Project Society, education would be a sense of attainment and gratification for people (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). With this perspective and enthusiasm, Calgary Urban project Society will provide students new ways and methods to learn their lessons and take their classes with attentiveness and will withstand it through their career of education.

Calgary Urban Project Society is an important distinctive society that is working and serving people with trauma. Scholars have shown that firmness is necessary to combat challenges and Calgary Urban project Society gives people the strength and hope to cope with the challenges.

It is also evaluated that many families have regular and continuous support from the Calgary Urban Project Society (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). This has created a positive and constructive image of Calgary Urban project Society among communities; therefore, people and their children attend schools, campaigns and healthcare facilities of the Calgary Urban Project Society to get improved health. People living in poverty have no financial and economic resources to get education and healthcare services. Ultimately it affects the growth of children and results in underdevelopment of brains (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). Calgary Urban Project Society has collaboration and partnership with many organizations to support the people of Calgary. People of Calgary were usually suffered from trauma and tragic situations in their life. They believe it is important to have a healthy brain to grow and sustain in the community successfully.

# Comparing Cups Services and Approach to Other Organizations

Most of the charity organizations generally cover services related to healthcare facilities and funding programs to support people; however, Calgary Urban project Society delivers all kinds of support to families, including economic, financial, education, housing, and healthcare facilities. They cover all aspects of services such as health, education and financial aids (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*).

People suffering from trauma do not need only funds to get settled; they also need psychological support, emotional strength and safe housing for the settlement. They need support from organizations that should be widespread and all-inclusive. Calgary Urban Project Society provides services related to all necessities of life. Healthcare services by Calgary Urban project Society are delivered through an integrated approach to help people (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). Calgary Urban Project Society delivers services related to education and brain development for people suffering from trauma and tragedies. People living in poverty need support in terms of financial resources and economic services for their health, education, and housing.

Calgary Urban Project Society provides continuous and constant support to people and families living in Calgary. It is assumed that without continuous support, people failed to become self-sufficient after some time. It needs continuous social and moral support for people who suffered from trauma in life. Individuals with severe tragedies and trauma develop and acquire good and healthy behaviors after many sessions of psychological counseling. Calgary Urban Project Society has continuous support to strengthen communities in terms of moral and social support, which is not provided by other organizations working in charitable societies (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). Other organizations usually deliver services once and forget to follow up, whereas Calgary Urban project Society is delivering services with regular follow-up and consistent counseling and rehabilitation services.

# Challenges

The major challenges Calgary Urban project Society is facing is sexual abuse and child abuse among communities living in poverty. Other challenges are deprived health, lack of awareness, and education and financial resources. The families of Calgary need support in terms of education, health, and financial aid. Calgary Urban Project Society provides them support in all aspects and has developed only a limited impact among communities, however, Calgary Urban project Society is growing and developing with time (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). Calgary Urban Project Society has 214 females provided with prenatal care. Calgary Urban Project Society has helped 659 children with pediatric services in the year 2013. The society has 530 adults and individuals that were supported and helped through mental health care (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). They have funding available from government sectors, private organizations and individuals and also from corporations to help and support families.

Calgary Urban Project Society has funds for people to support them deal with challenges of life (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). Major health challenges Calgary Urban project Society facing are related to funds and resources; however, with the expansion and growth of society, its funds and resources are improving. People and families living in Calgary need health, particularly sexual and reproductive health and mental health care (*CUPS | Client Stories — CUPS Calgary*). People from trauma and life tragedy usually require emotional and psychological support; therefore, Calgary Urban project Society has developed centers that can deliver services of accommodation, health, nutrition, and housing.

Calgary Urban Project Society's role defines accountability of care in harmony with relevant legislature and guideline. They remain following theories of community services and health education to have a greater impact on society (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). They are conscious of adjustments to the legislature and specialized principles and exercise appropriate variations to deliver services in reaction to that disparities. They sponsor the education and health of people and with an expansion of strategy and procedures appropriate to help communities (*CUPS | Client Stories — CUPS Calgary*).

Calgary Urban Project Society services are expanded in all subdivisions of healthcare amenities, including legislatures, quality care, encouragement, contribution, and management. Calgary Urban Project Society is involved in decision making to help people effectively. They are working in the provision of quality care, prevention of sicknesses and anticipation movements, particularly for mental health care (*Calgary Urban Project Society - Sexual and Reproductive Health Choices*). Calgary Urban Project Society is also a part of government bodies, private administrations to toil in teamwork and group to encourage health and education for all.

# Donation and Funding

Funds and donations of Calgary Urban project Society are dependent on governmental charitable organizations, private facilities and organizations working as nonprofits (*Calgary Urban Project Society - Sexual and Reproductive Health Choices*). Private and public sector administrations and corporations also provide funds and donations to Calgary Urban Project Society (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). 11% of donations and funds received in Calgary Urban project Society are coming from corporations (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). 43% of donations and funds are dedicated to being collected from government organizations (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). 33% of funds and donations came from foundations and other charitable administrations. 13% of funds are provided by the support from individuals and families (*Calgary Urban Project Society - Sexual and Reproductive Health Choices*).

# Conclusion

Calgary Urban Project Society is a foundation that works and serves the people and families in need. It delivers services effectively through evidence-based practice, scientific approaches, and innovative strategies to help people become self-sufficient. It is significantly important for people living in poverty and low socio-economic areas to adapt and learn healthy behaviors because they are most vulnerable to acquire bad and impaired behaviors from societies (*CUPS | Calgary Services | Calgary Community Programs — CUPS Calgary*). The individuals and children living in these areas usually adapt and learn what they see and observe; therefore, Calgary Urban project Society work essentially with those people to help them make self-sustain and independent to survive successfully. It is not only important for these people to be saved but also significant for republics to decrease the burden of impaired behaviors from communities (*CUPS | Client Stories — CUPS Calgary*). Calgary Urban Project Society is serving people intending to provide the necessities of life, such as health, education, and housing. Overall, 83% of families have significantly reported a positive impact of community programs of Calgary Urban project Society services (*CUPS | Client Stories — CUPS Calgary*). People and clients have reported that the Calgary Urban Project Society has significantly changed the lives of many families by breaking negative cycles and influencing their lives positively.

# Works Cited

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