You need to tell your children that what exactly the real world looks like

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**Introduction**

Self-esteem has a significant role to play in the personal growth of a child. Although, at very early ages children learn about "self," at pre-schools they are able to realize the "self-concept (Textbook, p. 501). It helps the children in evaluating themselves. At this stage, children are able to judge themselves on the basis of the good or bad concept. Therefore, the concept of Self-esteem is an overall evaluation of self in terms of positive or negative self (Textbook, p. 501). There are several contributing factors that make a child realize about self.

In her article, Diller (2011) is making a point that there is a significant role of society in developing the self-esteem of a child. It is agreeable that rewarding your child for nothing does not build his or her self-esteem; instead, it makes it difficult to live in the real world.

**Discussion**

Parents-child relationship is such a gentle and passionate that parents want all the comfort of world for their children. Regardless of their status, every parent tries his or her best to fulfill all the needs and desires of their children. In the long run, they forget about the development of esteem in their child. They forget about the real world that it does not always offer the best for the people. Therefore, it is essential for children to learn about it during their developmental phase. At the same time, it is the duty of the parents to tell their children about all the realities.

Likewise, the writer has quoted in the article about new sports ‘policy for children in Canada. She has made a notable point that too much protection of children is not good always. What is the logic of giving a trophy to the children for losing a match? It reflects the insecurities of society regarding the kids. The concept of "win or lose" and "pass or fail' are fitted in the societal notions. Over-protective policies and programs do not allow the children to build self-esteem on the basis of the norms and values of the society. How would a child will learn about winning and losing when both are treated equally? Life is very different from the images which parents show their children, being over-protective.

The obsession and possessiveness of parents impact the self-esteem of their children. Over-protective parents get into conflicts with the teachers of their children. They over-praise the kids, but they forget that these kids are going to face the real world when they are grown up (Driller, 2011, n.p). The self-concept does not remain the same, and it changes with the age and experience (Textbook, p. 303). It is essential to develop a self-esteem of their children by giving them an exposure to the real world.

Children need real-life lessons instead of trophies. Driller (2011) has highlighted outstanding experiences in her article that every parent should read it and try to guide their children accordingly. A time will come when parents will not be there to protect their children anymore. A child as a grown-up adult will have to face it on the basis of his or her experience. Therefore, parents and teachers should make a habit of telling children about their weaknesses.

**Conclusion**

In conclusion, self-esteem plays a more significant role in developing the personality of individuals. It is transformed with the age and real-life experiences. Sometimes, the overprotectiveness of parents cause problems for the children to build their self-esteem. Therefore, parents should guide children about real-life experiences rather than comforting them with a lie. It is better to award a child with life lessons instead of trophies or awards. Being over-protective does not give positive results in all cases.

**References**

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