Discussion Post

[Name of the Writer]

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Personality, nature or nurture, has always been an extended debate of the society. Nature is the influence of the genetic factors inherited by the combination of the heritable characters from the parents. Nurture is the influence of external factors such as the experiences that are faced and learned throughout the whole life of an individual (Plomin, 1990). A questionnaire was conducted on three generations from a total of 78 respondents showed that Nurture is bound to be more influencing than nature, there’s an interaction of nature and nurture, emphasizing on nature can be proven very dangerous as compared to the nurture (Levitt, 2013). I think that personality is determined by the mixture of nature (heritable factors and characters) and nurture (experiences that are learned throughout life) (Kandler, 2012) (Torgerson, 2009).

There are complications that can arise in terms of personality due to gender

differences. A meta-analysis on the gender differences in personality showed that males were

found to have higher self-esteem and a higher amount of assertiveness. Females were known

to be higher in trust, anxiety, extraversion and specially nurturance, which showed that females

could be more nurtured than nature (Feingold, 1994). Another study reported that women were

higher in Agreeableness, neuroticism, openness to feelings and warmth, whereas men were

more higher in sharing open ideas and assertiveness (Paul T. Costa Jr., 2001).

Sigmund Freud developed a psychoanalysis theory of personality development which

showed that the formation of personality is done under the conflicts of the three fundamental structures of the human mind. These three fundamental structures are Id, Ego, and Superego (Instincts. Reality and Morality). These three fundamental structures were then conceptualized as the essentials of the human personality (Freud, 1894). This theory is irrelevant in terms of psychoanalysis today. However, the irrelevance can be seen as if most of the peoples affected by his theory were neurotic.

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