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Healthcare and Nursing

Question 1

Professional reflection is the self-focused meditation in which the visualization is being made with regards to the fact that where the person is, where they have been and what is the likelihood regarding where they would be going. One important model of the self-reflection was presented by Kolb’s John’s where he suggested a four-stage model regarding how the experiential learning is supposed to be carried out and how the fundamental presentation and approach towards the work is needed to be developed at the given point of time. It goes a long way towards providing self-reflection.

Question 2

For a person to have an insight about how they want to perceive themselves, it is very important to make sure that they have insight about the legal and ethical consideration that they are going to be following at the given point of time. The idea behind the professional practice is to make sure that an individual is able to ensure that they are able embed duty of care and codes of practice that are going to be adding value towards the way work has been done by them at the given point of time to say the least.

Question 3

The five most common learning styles that are being used during the course of the learning process are as followed.

1. The Visual/Spatial Learner
2. The Auditory Learner
3. The Verbal (Linguistic) Learner
4. The Logical (Mathematical) Learner
5. The Physical (Tactile or Kinesthetic) Learner

One of the key differences among all these learning styles is that how they tend to vary in terms of the approach towards the learning process that has to be used at the given point of time. The other thing that they seek to show is the learning process that has to be followed at the given point of time.

Question 4

There are various professional and learning associations that are there to aid the learning process. The professional associations such as the AABB which is the International Business Academy as well as the Academy of the management are some of the few examples. The same goes with the various learning and training organizations that are located across the world. For instance, the ENTO home, ATD and OMICS are some of the organizations that tend to offer learning as well as the training opportunities to professionals across the world to facilitate their learning process.

Question 6

Most of the times, the constructive feedback constitutes of the information specific and observational feedback that goes a long way towards making sure that the learning process is being facilitate at the given point of time. The idea behind the whole process is to make sure that how the praise and criticism is supposed to be carried out at the broader level and how the performance judgement is supposed to be made at the given point of time. Most of the times, when one talks about the underlying process that is being used when it comes to the constructive feedback, the idea is to make sure that how the favorable or non-favorable judgement is needed to be passed at the given point of time and what are some of the decision making rationales that the organizational stakeholders have to make at the given point of time. The idea behind the feedback is to make sure that the supportive information is being provided to the individuals at the given point of time to make sure that they are able to identify different solutions to the problems and correspondingly they are able to address some of the areas of their weakness. This process thus turns into long term improvement.

# Works Cited

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