Personal Assessment being Analyzer & Stabilizer

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## Personal Assessment being Analyzer & Stabilizer

## **Areas of Strengths (Key Strengths)**

After an in-depth self-analysis, I came to underline that I possess some crucial and credible competencies. Those competencies can be better things about me as they help me in many ways and areas of my life (both in personal life as well as in educational life). Hence, these things and competencies have been considered as strengths and they are listed below.

* The very first strength that I possess is my communication skills. My communication skills are enough good and strong especially with my friends, mates, and teachers at the college.
* High confidence level especially when conveying something important or a message to the people or audience.
* Strong and well organized as well as highly cooperative behavior almost towards everyone around me in my community and society.
* Effective skills regarding time management and conflict resolution are considered as some of my key strengths.
* Enough efficient planner for my life goals as well as for routine activities that I have to perform or complete on a daily basis. Beyond that, I also do pre-planning for some of the activities which I think have more importance and need to be done in a fine way.
* Believing in being professional and practical with life experiences and do not only get engaged with theories or theoretical studies.
* Strong and enough effective skills and capabilities that enable me to be a good decision-maker.
* Almost good grades and academic performance is also a part of my strengths.
* Almost high level confidence up to an extent with resilience while having a belief that “Nothing is Impossible in Life, While Just Difficult”
* Prefer to look for professionalism and perfection in what I do (work and studies) and ensure to complete each of my activities within the specified time frame and to complete in a fine and fair way.

## **Areas of Improvement**

The key and important strengths that I have or possess are;

1. Good and effective communication skills
2. High confidence level especially when conveying something important
3. Strong and well organized as well as cooperative behavior
4. Effective skills regarding time management and conflict resolution
5. Efficient planner for life goals
6. Believing in being professional and practical
7. Enough effective skills and capabilities regarding decision making
8. Good academic performance
9. Believe in hard work and everything is almost possible.
10. Looking for professionalism and perfection and ensuring fairness in what I do.

I can say that the strengths that I have are enough credible for me. As well as it can also be stated that one who possesses such strengths can be considered a good, strong, and competent individual. But! It is also a fact that gaps exist everywhere. So there are some ways or areas that I need to improve. In short, the areas of improvement for me are; but not only the following ones.

* To work on my behavior where I prefer to and look for faster solutions to the problems I have
* To cater to the concept of trying to perform more than a single activity at a time because it makes me confuse almost all the time.
* I have to work on improving my overall personality and to look for continuous improvement and knowledge enhancement almost every time.
* Work to improve my confidence level while not only thinking that my confidence level is fully good and fine for me because I consider it as good and effective only.

## **Development Plan**

For covering areas of improvement, there is always a need for the development plan. So the development plan which suits me the best includes the following practices.

* Possessions required for me is to enhance my knowledge and existing competencies through studying every accessible material and information. This will enhance my knowledge up to a higher extent as well as would help me how to serve as a good person and student.
* It is also a part of my Personal Development Plan that I have to ensure every possible help available to me from my seniors and teachers as well as from others such as family members, and professionals people I am attached with.
* The established success criteria for myself and clearing my thoughts about what it is and what I can do for it to serve as a successful person in life by ensuring focus on self-awareness and self-development.
* In this Development Plan, the timeframe for the accomplishment of the set goals and objectives is 5 to 9 months after getting my graduate degree.

**Continuous Improvement Plan**

The Continuous Improvement Plan is the one that assists in developing one’s self in a way that makes sure that he/she has got the competencies and improvement required for his/her goals. It is similarly important to me. So, my plan for continuous improvement and its elements or steps which I would take in the plan are as follows.

1. Pre Self-Evaluation of where I currently stand by analyzing all aspects of life and areas of improvement.
2. Analysis of my key strengths, weaknesses, available opportunities, and threat; 1) to enhance and improve the existing strengths, 2) turn weaknesses to strengths, 3) utilize available opportunities, and 4) eliminate each of the critical threats.
3. Defining my short and long term goals and objectives by listing them into a proper particular order with the specified deadlines.
4. Prioritizing the set or developed goals and objectives based on the importance, relevance, and urgency.
5. Setting up milestones to measure or analyze progress of the continuous improvement and plan
6. Development of a detailed and effective Action Plan which details the actions that needed to be taken for goals accomplishments.
7. Reviewing the progress of the plan with time by comparing myself at that time with the past each weak and then every month.