Nurse Researcher

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**Introduction**

In today's world, the importance of research in any field is vital in order to move forward progressively (Carraher & Steinberg, 2016). Purpose of research is to improve already in place practices. When it comes to healthcare, professionals from various backgrounds work in tandem to maintain and keep improving the deliverance of healthcare facilities. Epidemic prevention and treatment have been increasingly improving. This improvement is witnessed world over by improving health care indicators.

While multiple healthcare professionals working together effectively deliver, the role of a nurse is of particular importance. Mostly, nurses are the unrecognized heroes. The job of a nurse require great emotional stability, given the nature of their work (Cañadas-De la Fuente et.al, 2015). Usually, they tend to focus on specialties, but they have to be prepared in order to address issues from various medical aspects. There are multiple roles that a nurse fills in. For instance, nurse educator, nurse advocate, nurse collaborators, and nurse researchers. Of many roles mentioned, this essay would discuss nurse researchers in detail.

**Discussion**

**Nurse Researcher**

Over time, the role nurses have played in the realm of healthcare has evolved remarkably. This evolution is underpinned by comprehensive and extensive research. Research carried out by scientists has helped the nursing profession to improve. These scientists are called nurse researchers. Nurse researchers pinpoint different questions regarding research. They oversee studies carried out scientifically, accumulate and mull over data (Jones, 2015). Additionally, they also publish their findings publicly. Nurse researchers also collaborate with professionals from different fields. For instance, they have, in the past, worked together with pharmacists, nutritionists, and medical practitioners, to address various complex problems substantially. Nurse scientists are continuously working towards the betterment of humankind.

**Education Required**

No one becomes a research nurse overnight. One has to gain years of training and earn experience expanding over the years. Foremost step one can take is to attain basic education. A nursing bachelors degree would help an individual a lot. Although diploma in nursing is considered sufficient in many countries, in the United States many states don't recognize diploma as the minimum basic level education to become a nurse researcher. An undergraduate or doctoral degree in nursing would be sufficient for an individual to embark on the career of nurse researcher. Importance of a four-year degree in nursing is undeniable. Nurse researcher position requires an undergraduate degree minimum. This brightens the prospects of getting into a Master of Science in nursing and potentially Ph.D. in nursing as well. A graduate degree can be received through a year of experience as a registered nurse. Supplementary training and more hands-on experience will further consolidate one's experience in nursing. The final level of education helpful to become a full-time nurse researcher is a doctorate degree in nursing. Doctorate degree would definitely put an individual on course to become a nurse researcher.

**Area of Emphasis of Nurse Researchers**

Area of emphasis after acquiring nursing doctorate degree is vast. Foremost, research evidence needs to be translated. Nurse researchers employ accumulated data through research to practice. This improves not only patient outcomes but also improve nursing significantly.

Symptom science is another area of focus for nurse researchers. They assist in creating and testing interventions which help to reduce dreadful symptoms. Patients receiving ventilator support are in focus in this area of research nursing.

Nurse researchers probe into exploring ways regarding how nurses and different health care individuals can collaborate. This collaboration is imperative in clinical judgment and decision making. Plans are developed to prioritize patients care and schemes for nurses to apply the provided information to predict and avert complications.

Early detection of life-threatening diseases is vital. Nurse researchers are continuously analyzing data and behavioral responses of patients to increase accuracy in early detection.

Emotional and psychological stress comes with a job like nursing. Nurse researchers make sure to alleviate the stress of the nurses and as well of the patients. Nurse researchers are continuously striving to increase commitment and dedication in nursing staff. This helps in reducing emotional stress among nurses.

Undoubtedly, vast areas are covered by nurse researchers.

**Helpful Nursing Journals and Professional Organizations**

Nursing journals and professional organization increases not only the experience of an individual but also provide in-depth analysis of multiple fields of interest. There are many nursing journals that are published monthly, bimonthly, and annually. Of many nursing journals, "Nurse Researcher" is of particular importance. "Nurse Researcher" is a magazine published after every two months. The publisher of "Nurse Researcher" is the Royal College of Nursing. Royal College of Nursing is well known for advocating nurse and particularly nursing.

Experience gained through professional organizations is irreplaceable. American Nurses Association, American Nurses Credentialing Center and Commission on Collegiate Nursing Education are some nursing organizations that are considered helpful by many professionals.

**Conclusion**

Takin into consideration the discussion above, one can conclude that nurse researchers are performing their responsibilities remarkably to improve nursing as well as the whole health care domain. Role of nurse researchers is undeniable when it comes to collaborating with other fields of medicine and healthcare.

Like all fields, nurse researcher is another important field which is gaining traction. The educational requirements decide whether one can become a nurse researcher or not. Although getting a degree in nursing is important, the significance of gaining hands-on experience is unquestionable. Multiple organizations and research journals can help an individual interested in gaining relevant knowledge regarding nurse researcher.

Why one would want to become a nurse researcher is important to address as well. Nurse researcher puts into implementation best practices and continuously strive for the improvement of health care. Nurse researchers assist nurses as well as patients. Certainly, every domain of health care can gain advantage from the work done by nurse researchers.

**References**

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