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Tao Te Ching

The book mainly focuses on the connectivity and balanced relationship between human beings and the nature of the world under the umbrella of Taoism. It is a Chinese originated philosophical theory and religion recognized by Lao Tzu. Taoism is all about identifying and recognizing the choices of people which cause behavioral changes in their personality. It is linked with the concept of Yin and Yang a diagram that depicts both the bright and the dark side of life.

The main concept of Taoism is to establish peace and balance in the life of people. It has a concept that if the people lead their life according to the rules and regulations their life will continue to stay peaceful and will prosper more. (Lu, Luo, pp.411). This religion disregards the idea and concept of war and destruction as it brings out nothing fruitful and praises the idea of developing peace and the concept of saving and nurturing nature. The natural life of this earth plays a vital role in the survival of human beings, and it demands care in order to grow and stay alive.

However, people of the modern world don’t value or regard the aspects of this theory as they have made themselves over occupied in their routine. Even after being aware of the fact that the nature and environment of the world are under a severe threat due to a continuous decrease in forest and greenery, they are not taking any prominent initiatives to save it. Due to this reason, the atmosphere of earth is also becoming dangerous for humans as due to fewer trees the amount of oxygen production has decreased. People nowadays are inhaling a number of other hazardous gases along with a small amount of oxygen which is affecting their health severely.

This is another reason why the death ratio is increasing very rapidly and people nowadays hardly survive after 50 or 60 years. Apart from that, the people around the globe are getting deeper into discriminations and politics, which is also resulting in a number of conflicts between countries. The conflicts between two ethnic groups or religions is another reason for the wars happening around the globe nowadays.

Work Cited

Lu, Luo. "Understanding happiness: A look into the Chinese folk psychology." *Journal of happiness studies* 2.4 (2001): 407-432.