Contemporary Nursing Practice

[Name of the Writer]

[Name of the Institution]

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**Introduction**

Nursing has played an important role in the field of healthcare and nursing. Without the presence of nurses in the field, it would have become impossible for the medical and the paramedical staff to continue the work. The nurses are considered as the backbone in the field of healthcare as they are the one to give the backend support to the doctors and be with the patients in the time of emergency. Not only that, it gives contrary support to the patients as well in the absence of the doctors.

Initially, in the field of nursing, there was no medical education provided to the nurses and the first era of nursing was gender confined as well. The treatments were only based on home remedies, which the people have learned from their mothers or ancestors. These all considered as the first aid nursing tips that were practice without any factual knowledge and the people were adopting them in various eras.

With the passage of time, the nursing practice started getting better as the proper and authentic medication was given to the people who were having little knowledge about the health so that they may excel in this career and can be a professional team member as well.

**Discussion**

With the passage of time, the situation in the field of nursing started to get better, and the people started learning more about the nursing field. Initially, the field of nursing was the only gender-based in professional hospitals as well when the scope of nursing was less. The female nurses used to deal with the female patients and the male patients were supposed to deal with the male patients. This was all due to the orthodox teachings and the hindrance in the culture, which has created barriers in the field of medical and healthcare. The other issue that was faced by the nurses at that time was the barrier in the communication field. The main reason behind this hindrance was the societal role and the cultural pressure that was faced by people.

Initially, the training was not considered necessary given to the nurses just beside the first aid and the bandages. With the passage of time, the officials in various parts of the world established the situation started getting better and proper training institutes so that they can learn the proper methods to get the proper knowledge and no precious life may face any serious health hazard. Then the next step was of the establishment of the institutes and requirement of the professional people to train them accordingly so that in the time of need, they can reach there and assist the doctors and the other paramedical staff (Boswell & Cannon, 2018).

Then the other step was of the setting of the nurses. As told earlier, the initial practicing area for the nurses was their own home or the place where they used to reside and help the people of nearby to give them health based assistance. With the evolution of time, the situation started getting better, and the nurses called for their duties during the emergency state r state of war in the battlefield where they can give their services with various health-based organizations and work for the betterment of people. During this era, many of the leading nurses gave the sacrifice of their lives, which was again questioned by various people belonging from the contemporary school of thoughts. To give them comfort and justify them, the nurses were also placed in the small medical centers.

Over the last few decades, the role of nurses has revolutionized where they are also working in the hospitals without any gender discrimination, and they are working equally with men without any hesitation and reluctance (Pelto, 2016). Their modes of communication are much better than the previous time, and they are vigilant, steady and ready for all the consequences and the state of emergency in the hospital due to any extreme circumstances. Initially, the nurses' role was only defined to give the first medical help that was required by the patient during the time of treatment, and no extra healthcare favors were given to the nurses. As the time evolved, the situation started to get better, the nurses were all there to take care of the patients in the absence of their attendants and the doctors, and their entire necessary requirements fulfillment is now a part of their duty. Without the fulfillment of these duties, a nurse can never get any license of their practice, and no hospital will hire them in future if any major flaw in their practices and their role is not accomplished (Holloway & Galvin, 2016).

**Conclusion**

These aspects show that the era of the 21st century has stabilized many professions in the world. Nursing is one of those professions, which gave identity to the real heroes who are always their standing next to the doctors giving them support through thick and thin. Not only that but they are also present in the absence of the doctors. They are all there to facilitate the patient s without any barrier or any issue. They are all willing to cater to the serious diseases to the minor one, they are present throughout the time until the patients, and the attendants are highly satisfied by their work.

**References**

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