**Client Name** Christabel Knight **Male/Female** Female

**Date of Birth** 25/05/2004 **Age**  15

**Report Completed by:**

**Current Order:** Youth Supervision Order **Expiry** 14/09/2020

12 months

**Current Offences:** Attempted theft

Theft

Assault

Aggravated burglary x 4 counts

Theft of a motor vehicle

**Special Condition/ s:**

* To attend Anger Management counselling as directed by supervisory officer
* To attend Drug and Alcohol counselling as directed by supervisory officer
* To reside as directed by her supervisory officer

**Current address**  16 Mac Rd, Heidelberg, 3156

**Telephone** 9555 0000

**Ethnicity:** n/a  **Aboriginal &Torres Strait Islander:** Yes

**Current Child Protection Status:**  Yes

**Child Protection order type Expiry date** 22/02/2020

1. **General Risk/Need Factors - Criminal History (NO or YES responses)**

**1.1 One or more prior orders(including good behaviour bonds, all supervised orders)** YES

**1.2 Three or more prior supervised orders** YES

**1.3 Current order has 3 or more proven charges** YES

**1.4 Current order is custodial sentence (includes parole)** YES

**1.5 Previous custodial sentence** YES

**1.6 At first proven offence was aged 10-14 years** YES

**1.7 At time of current offence was aged 10-14 years** YES

**1.8 Current or previous sex offence** NO

**1.9 Current or previous violent offence** YES

**1.10 Breach of court order (including good behaviour bonds, parole, escape from custody, failure to appear in court)** YES

*Any additional information:*

**2. FAMILY CIRCUMSTANCES Use an X to mark items that apply to young person**

**2.1 Current Child Protection investigation or order X**

**2.2 History of abuse in family or significant family trauma/ issues X**

**2.3 Offending by family member/ s X**

**2.4 Inconsistent parenting X**

**2.5 Poor relationship with parent/ s or significant other**

*Any additional information:*

Custody to secretary order 2014 which has been extended until 2020. This order is currently supervised by Protective Services.

**3. EDUCATION/EMPLOYMENT Use an X to mark items that apply to young person**

**3.1 Disruptive classroom behaviour X**

**3.2 Low achievement X**

**3.3 Problems with peers/teachers X**

**3.4 Truancy X**

**3.5 Unemployed/not in school X**

*Any additional information*

**4. Peer Relations**

**4.1 Some delinquent acquaintances X**

**4.2 Some delinquent friends X**

**4.3 No/few positive acquaintances X**

**4.4 No/few positive friends X**

*Any additional information:*

**5. Substance Abuse:**

**5.1 Occasional drug use X**

**5.2 Chronic drug use X**

**5.3 Chronic alcohol use**

**5.4 Substance abuse interferes with life X**

**5.5 Substance abuse related to offending X**

*Any additional information*:

**6. Leisure and Recreation**

**6.1 Limited organised activities X**

**6.2 Could make better use of time X**

**6.3 No personal interests** **X**

*Any additional information:*

**7. ATTITUDES & BEHAVIOURS**

**7.1 Antisocial, pro-offending attitudes X**

**7.2 Limited or no victim awareness X**

**7.3 Physically aggressive X**

**7.4 Poor history of attending programs or seeking help X**

**7.5 Anti-authority attitude X**

**7.6 Actively rejecting help X**

**7.7 Engages in high risk behaviours X**

*Any additional information:*

**Instructions – Please complete all of the following sections:**

1. Sum the total number of items with an X or YES response and use the table below to put in a numeric value as a total score. This score equates to the level of risk and intervention for the young person.

|  |  |
| --- | --- |
| **Risk/Need Levels** | **Select Low, Moderate, High or Very High** |
| Low (0-9) |  |
| Moderate (10 -21) |  |
| High (22-31) |  |
| Very High (32 – 39) | 36 |

1. **Level of case management service/intervention:** Very High

2. **Assessment of other needs and special considerations:** Please select any of the following that is relevant to Christabel and write a brief assessment on each (what is important to understand for Christabel as her YJ practitioner?)

* **Self-harm/suicidal ideation**
* Cultural/ethnic issues
* **Psychiatric/emotional distress**
* **Significant family trauma**
* **Accommodation problems**
* Female/Gender related considerations

**Assessment of other needs and special considerations: (approx. 500 words)**

**Self-harm/suicidal ideation**

Christabel has been displaying suicidal and self-harm abilities. She has been suffering from extreme distress and had started picking at her skin on arms and pulling out of her eyelashes. She has intentionally been involved in substance abuse and assaulting her peers. In consideration of these signs, it is imperative for the provision of proper mental health programs. The case management must include psychiatric intervention. She should also be placed in administrative isolation, such as a suicide watch (ASSESSMENT, n.d.).

**Psychiatric/emotional distress**

The offender has been showing severe symptoms of distress, including decreased interest in productive leisure activities, less social, substance abuse and sadness. She had been assaulted by her uncle, who led to her extreme emotional distress along with her parent's separation. Case management plan should include the psychological counselling, medical attention and several other assessment tests of psychiatric health (Håkon, Palmstierna-Roger, & Thomas, n.d.).

**Significant family trauma**

As Christabel’s parents got separated and she had to move at her grandmother’s and when she was killed by her uncle and moved in with her father. Extreme family trauma is suffered by children during ongoing marital conflict of the parents. However, she was placed under custody to secretary order 2014 which has been extended until 2020. This order is currently supervised by Protective Services. It is important to assess the impacts of the family break-up, crisis, and other criminal related activities in the family.

**Accommodation problems**

Though Christabel now seems to be stabilizing as an outcome of her new accommodation arrangements she had been facing severe problems in the past. She had suffered through dissatisfactory accommodation plans, and she also had problems with her education and employment related concerns. She has been living at her grandmother's when she was assaulted by her uncle. Her siblings were also involved in criminal activities. The management should consider programs for her that provide her a safe housing where she feels secure and lives with people who do not have criminal related activities.

3. **Professional Discretion/override:** (approx. 200 words)

Taking into account all the information, do you agree with the level of risk and intervention for Christabel? Why or why not?

After the elaborated assessment of all the risk factors and interventionist strategies, it is important to identify the checklist of elements that represent the static and dynamic factors. The detailed evaluation of risks and needs can guide the appointment of levels and types of interventions. It is done in order to ensure that the planned case management and its activities are in accordance with the appropriate fields of need. It also helps in the improvement of the decision making process for the juvenile systems of justice. The level of risk and case management for Christabel is very high, which in my view is appropriate considering all the information available. As the case management is developed on the basis of criminal activities that are caused by the complex network of multiple variables, including the characteristics and the circumstances of the individual. The interventionist strategies applied to young offenders with high risk can prove to be effective in the reduction of recidivism. These measures target the criminogenic needs of the young offender (Heilbrun, Fairfax-Columbo, Wagage, & Brogan, 2017). Christabel has been involved in criminal offences in the past and has been living in severe trauma and have been under distress and other psychiatric conditions.

4. **Strengths/Protective Factors:**

For each of the areas in the risk tool, can you identify any strengths or protective factors for the Christabel (these can be dot points – approx. 500 words)

|  |
| --- |
| * **Offending profile** * Offence specific programming can be used as a practical tool for an evidence-based behaviour change program. In this program, the focus should be the offending and recidivist behaviour of the criminal. * The program should be sequential, well-structured and modular in nature. * It should focus on the skills oriented and cognitive behavioural therapy * It should also be a clear and practical directive in its applicability for the intervention strategies. * The program should be based on the active and voluntary learning methods. |
| * Family * Her family relationships should be improved as she already has a good bonding with her siblings. It implies that she has the ability to transform herself and adopt for improved family relations. * Her parents have divorced, but they should make some time for the kids. * Proper counselling should be provided to her regarding this issue. |
| * Education/Employment * Appreciation and encourage at the educational institution should be provided as per her nature * She should be involved in various activities at her school to enjoy learning. * Rewards and prizes should be offered for better performance so that she feels encouraged and driven towards performing well. |
| * Peer relations * Remedies matching to the risk by focusing on the social services needs outside the justice system. * Social contact with the offender peers should be finished. * The contact and relations with positive peer groups should be enhanced. |
| * Substance abuse * Substance abuse should be reduced, and she needs to find other means of reducing her pain and sorrow by having sessions. * Counselling must be provided to make her able to control and stop her substance abuse. |
| * Leisure/Recreation * Outdoor activities are very important for leisure and recreation. These activities include trips, sports, and outings to give a positive and healthy impact on the mind. * She should be provided with the opportunities to spend her time in outdoor activities. * She hangs out with her siblings' friends, and it can be used in her favour if she adopts to change her company. |
| * Attitudes/Behaviours * The program should be able to identify the components of evidence-based behaviour. * Rendering the guiding principle for the offender's criminal behaviour, and it can be made the primary focus of the protective factors. |

**How will you use these strengths and protective factors in your work with Christabel?**

The above mentioned protective factors and strengths can be utilized in the devising the program for the juvenile justice system. The offending behaviour of Christabel is very risky, and it may lead to serious damage or destruction to her personality and mental health. She is prone to recidivism, and her conditions are serious. She needs proper medical treatment, counselling and psychiatric therapies for self-management, anger management, substance abuse control, improvement in social skills and personality development. All these factors should be considered in the risk assessment and identifying the level of case management (Derrick-Mills et al., 2019).

5. **Case Planning: These will be used to complete the Case Plan for Christabel.**

In order of priority, please list the criminogenic needs for Christabel.

1. Antisocial personality traits
2. Pro-criminal attitudes
3. Anti-social peers
4. Substance abuse
5. Self-harm or suicidal ideation
6. Poor family relationships
7. Low engagement with employment or education
8. Lack of prosocial recreational activities

6. **Are there any non-criminogenic needs that require attention?**

1. Self-esteem
2. Personal distress
3. Physical health
4. Trauma
5. Resilience

7. **Responsivity: (approx. 500 words)**

What interventions would you recommend for each of the above criminogenic needs/risks identified?

The above criminogenic needs may lead to serious mental and psychological issues as they disturb the physical, mental, social, and economic lives of people. Effective interventions for these criminogenic risks are the development of pro-social structure and regimen, adaptive skills of problem solving, addiction treatment, and addressing criminal thinking. The antisocial personality traits and poor family relationships can be treated by life skills training and improving social skills. Reduction of conflicts and building strong relationships are needed for the person suffering from this issue. The patient should be trained for anger management, self-management, problem solving, and coping skills. The anti-social peers have a negative effect on the growing personality of an individual. Association with criminals should be reduced, and the connection with pro-social should be enhanced (Loeber & Farrington, 1999). Substance abuse can be prevented by reducing the usage and enhancing alternatives for abuse. Christabel needs to develop less risky thinking. The best way to build her social skills is to enhance her outside involvement. She should be provided with proper educational counselling and behaviour therapy. New skills of manipulation need to be practised, and the offender should be involved in leisure and recreational activities. Different engaging programs such as school activity programs, family therapy programs, peer group support programs, and other community programs should be arranged for the encouragement and improvement of Christabel's personality. Social, health, and economic policies outside the criminal justice system should be made for such offenders. Christabel needs rehabilitation programs such as cognitive behavioural interventions that aim to educate her about criminogenic risks effectively. Her counselling will prove to be fruitful in making her personality stable and keeping her away from the crimes, that she, at a very young age, has got involved in. Her family relationships need to be strengthened so that her confidence is built and she does not face any emotional stress. To increase her lower education performance, rewards and appreciation are important that would encourage her and boost her confidence. Behaviour therapy can be helpful in her anger management, and offender treatment programs can be applied for the reduction of pro-criminal attitudes. Improvement in social skills and involvement in pro-social recreational activities such as sports, picnics, trips, and parties can help in the recovery of Christabel and improve her personality and health. These therapies and strategies can be helpful in reshaping the personality of Christabel and make her able to solve her problems effectively.

**SECTION C – CASE PLAN**

**Client Name:** Christabel Knight

**File Number:** 1254896

**Order type**: YSO   **Expiry Date**: 15/09/2020

**Special conditions**:

* To attend Anger Management Drug Counselling as directed by supervisory officer
* To attend Drug and Alcohol Counselling as directed by supervisory officer
* To reside where directed by her supervisory officer

|  |  |  |  |
| --- | --- | --- | --- |
| **Goals/Issues in order of priority** | **Intervention Required** | **By whom** | **Time Frame** |
|  | . |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

*This assessment has been explained to me and I understand the goals of my plan.*

**Client’s signature:**……………………………………………………….. **Date:** ………………………………….

Program Manager      Signature:

Youth Justice worker Signature:

Youth Justice Unit **Date:** ……………………………………

References

ASSESSMENT, H. C. O. R. (n.d.). *Risk Assessment for Future Offending*.

Derrick-Mills, T., Harvell, S., Warnberg, C., Love, H., Winkler, M. K., Russo, M., & Gaddy, M. (2019). *Bridging Research and Practice*.

Håkon, P. C.-N. O.-J., Palmstierna-Roger, B. H. N.-T., & Thomas, A.-B. (n.d.). *VIOLENCE IN CLINICAL PSYCHIATRY*.

Heilbrun, K., Fairfax-Columbo, J., Wagage, S., & Brogan, L. (2017). Risk assessment for future offending: The value and limits of expert evidence at sentencing. *Ct. Rev.*, *53*, 116.

Loeber, R., & Farrington, D. P. (1999). *Serious and violent juvenile offenders: Risk factors and successful interventions*. Sage.