World Politics

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Health can be defined as the complete and mental well-being of a person. Every individual is entitled to have access to basic health facilities. The United Nations organization and the European nation recognized health as a basic human right. Humans should have access to clean drinking water, safe food, access to medications and health awareness programs.

According to the US constitution, the right to access health facilities is defined as "the enjoyment of the highest attainable standard of health,”. It is the responsibility of the government

To provide basic health care facilities to all the citizens by making certain policies that help the people to access their right to basic health facilities. Due to the entrance of the private sector in the health care systems, it is their responsibility as well to provide low cost and quality health care to people so that more people can access this facility. However, every individual should also take all the necessary measures to prevent the disease by focusing on personal hygiene and cleaning the environment.

Ebola outbreak is one of the major health issues that people are facing even in developed countries. It is a hemorrhagic fever that is caused by the Ebola virus and is spread through direct contact with body fluids like the blood of an infected person, etc. Recently the Ebola fever got more attention because many people died during the outbreak. However, during this time many other health care issues were highlighted. Initially, people thought that the death rate was increased because of the virus although these deaths were caused by many infectious diseases like malaria, lack of doctors, lack of health infrastructure, etc. Another issue that was raised during the Ebola outbreak was a lack of sanitation. Due to the sanitation problem, many diseases like malaria are spreading widely because this impure water serves as growth for mosquitos and bacteria. However, this can be preventable by spraying insecticides during the rainy season and by spreading awareness about diseases and hygiene. It is, therefore, the responsibility of every citizen to raise their voice regarding these health issues so that the government can make certain policies and implement them to avoid quieter deaths.