[Name of the Writer]

[Name of Instructor]

[Subject]

[Date]

**Is it important for people to have a religion?**

Religion is a belief in a sovereign power and includes following a set of rules made by that authority. It is the term for our faith and system of worship. People's lives revolve around their religion. This is what defines their actions and shapes their behavior. Without a religion or belief system, there is no accountability, there is no connection between history and people all around us. Each worship system preaches good virtues and people start following them at a young age before trying to understand. Without a belief system, no one needs to be a good person if they do not want to, they are not required to do anything good except following the local law which is not enough. Without having faith in something, spirituality is hard to come and we are no better than animals living with us if we are not choosing a religion to believe in and live our lives accordingly.

One of my colleagues dismissed this idea by saying that people do not need to have a specific religion to lead a better life or become a better person. I strongly disagree with that on the basis of spirituality. People are identifying more as a spiritual person rather than being a Christian, Jew or Buddhist. A poem, a song, a single sermon or historical event can bring this to a person but without religion, this is hard to be found. With so much information available everywhere, it is hard to not believe in something and religion brings a sense of belonging with the people and place you live in. This is visible in Religious migration data.

Another colleague described religion as a way to cultivate moralities, ethics in a person saying that religion is what defines a worshipper which means without religion this is either not present or hard to find. Taking a look at some prominent religions we observe a similarity that all these had a prophet or guide of a sort with an extremely positive personality and a hard life which is supposed to inspire people and give solace in their hardships. Religion is what people move towards when they are helpless and have to believe in someone who can make it all go away. So, religions are what makes people believe in something good and practice it in everyday lives.