Mental Health Issues

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Alice is in a mental deteriorated mental condition where she has forgotten that she has no baby and the presence of a baby doll soothes her mind, and she is 52 years old. She stays in shelters or , and her appearance is messy and ruined. She has been hospitalized in the past as well and treated with psychotropic medications. Her condition gets better with medication, but she does not like taking them. Medicines clear her cognitive abilities and talk. The psychological state of Alice is worsened and that of a mentally non-stable person.

The condition of Alice points towards the presence of Alzheimer’s disease or dementia in older people which increases by the age, and where a person is going through memory loss and has no clue of his or her own mental and physical state (Johnson, 2015). The infected sores on her feet indicate that she walks without shoes on, as she does not remember much, and the affiliation with the doll as a baby shows that the doll soothes her mind as if it were her baby. The elderly patients of Alzheimer are attached to a baby doll or teddy bear, and it gives the feeling of satisfaction and calmness (Braden, & Gaspar, 2015).

The past life experiences of Alice would be not good for her which worsened her mental state and created the Alzheimer's or dementia disorder. The treatment must be provided to Alice where she is given proper care regarding her psychological and physical state. The sores should be treated, and she should be admitted to the nursing home for patients with mental illness like Alzheimer's or dementia (Godyń et al., 2016). As medications make her better, so she should be given medicines along with psychotherapies. The illness is only cured when patients realize they are going through some physical or mental health issues. Thus, Alice should be made aware of her condition and admitted for treatment until she gets better health.

**References**

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