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English Paper

Supernatural horror is one of the most important genres of films and books, which mostly appeals to the young generation. However, for the past few decades, the genre of supernatural horror in movies not only appeals to the young generation but also haunts and terrifies the adult population as well. *Insidious* is one of the best films of the supernatural horror genre, which has redefined the genre and set new examples for the filmmakers and writers, in addition to heightening the expectations of the viewers. *Insidious*, directed by the Australian filmmaker James Wan and written by Leigh Whannell, was released in the year 2010 and instantly became a hit across the world. *Insidious* may have been the best film of its genre because of its realistic presentation, focusing not on blood, killing and fake scares but depicting a new form of horror through the astral dimension and travel to the Further world.

Supernatural horror has always been one of the most important genre of the films and the books as well. However, most of the stories either presented in the form of books or films, focused on the child or teenage audience, which did not scare the adult audience even to a lintel bit. With the change in time and technology, the creativity of the writers and the directors have also reached a new height and *Insidious* is one of the most important examples in this regard. The makers of the film focused on the adult population and made the effort to make them cling to the person sitting next to them and it can be said without a doubt that Wan, Whannell and their team has succeeded in it by highlighting the supernatural horror from a new perspective.

One of the most important features of *Insidious* which makes it presentation realistic and best of its genre is that it has not only focused on bloodshed and killing at the hands of the supernatural forces to scare the people. It has reached a new level or horror by depicting the efforts of the supernatural forces to control human beings and their world by possessing them. Another important thing to note in this regard which has actually redefined the genre of the supernatural horror is the fact that most of the films depicted the supernatural activity in the homes, causing a threat to the life of the family and ultimately forcing them to leave the house. In other words, the supernatural horror movies depicted the house in the passion of the supernatural forces, which did not let its inhabitants live peacefully. On the other hand, in the case of *Insidious*, it is not the new house of the Lambert family which is possessed but Dalton, the eldest son of the family (Wan et al.).

*Insidious* is the best film of its genre because of the fact that it has presented the supernatural activity in the house of the Lambert family from a new perspective. The movie has depicted the ability of Dalton to transfer to the astral plane, where he was possessed by the evil forces. The ability was transferred to him by his father, who had forgotten about it. The supernatural and evil forces of the ‘Further' world used the body of Dalton as their gateway to enter the world of the human beings and enact their evil plans. The filmmakers have not incorporated the fake screams in the movie. Still, they have presented the plot in a really horrific manner by depicting the sudden appearance of the evil figures and unusual happenings, which frighten the fragile souls of the human beings quite effectively, as they do not expect such sudden appearance.

*Insidious* is the best film of the supernatural horror genre as it has redefined it by not focusing on bloodshed and killing, but the struggle of the possession of the human world through human beings. The films have reached a new height by depicting the concepts of the astral dimension and the ‘Further' world, as well as the struggle of the human beings to not let the evil forces possess them. It is the best film of its genre as it appeals and frightens the young and adult audience equally.

Work Cited

Wan, James, et al. Insidious. Sony Pictures Home Entertainment, 2012.