Your Name

Instructor Name

Course Number

Date

Entry 3

Greek art history can be divided into four periods, namely, Geometric, Archaic, Classical, and Hellenistic. In these periods, the Classical age is regarded as the epitome of all cultural achievements because the Archaic styles paved the way for realism in which various parts of human anatomy and its postures were depicted. One of the most significant achievements of this stage was a lifelike statue named as contrapposto that chiefly illustrated dynamism and the state of relaxation (Philinthecircle). These two things are central to the attainment of a sound mind in a sound body.

Since the advent of mankind, the most astonishing revolution was the Greek period transition to realism. This is because, across the globe, art history strictly adhered to the prevailing traditions, and changes occurred very rarely. The Classical art also pursued many ideals of harmony, beauty, and proportion and although these standards changed during the course of years, depictions of realism in the Greek art and sculpture are celebrated even today. The human figure and the experiences of common peoples with their relationships to gods were fundamental to the themes of realism in the ancient Greek period. The Greeks were interested in the demonstration of people belonging to all social classes in their daily circumstances and ordinary situations of life. This was also a portrayal of the influence of changes brought upon the people by the industrial revolution and its underpinnings.

The ancient Greeks went even beyond realism so that they could encompass greater dimensions of psychological and emotional realism that was quintessential in the creation of dramatic tensions. The techniques used in pottery and painting also alluded to several characteristics of realism because the Greeks had a tendency to reject the imaginative idealization which only favored the surface of things and strived to appreciate the mere appearance of things.

# **Works Cited**

*Greek Art History from Goodbye-Art Academy*. Dir. Philinthecircle. Perf. Phil Hansen. 2014. YouTube.