Admission essay

Name

Institution

**Application essay**

Decision making is the highly strenuous task in nature particularly when it comes to the career development. The utmost synchronization between aptitudes, interests and career options carries significant worth in choosing the right professional path and developing professional competence in future. Growing up with the chronically ill grandparents enabled me to develop an unparalleled nursing enthusiasm even before holding a degree. I learned what feels like being ill, how patient’s family suffers emotionally, what is the significance of interpersonal communication in reducing emotional ramifications of illness resulting from lingering, aversive and pervasive sense of uncertainty and evaporating life.

I lucubrated that nursing profession is much more than just catering physical and somatic concerns of the patient; it surrounds holistic wellbeing issues encapsulating emotional problems, fears, frustrations, future apprehensions, attitudes, outlooks and orientations (Berkman, 1995). A nurse not only intends at promoting physical wellbeing of the patient but also their hidden wounds that interfere with their treatment to a significant degree. With the elevated focus on inner thoughts and feelings, I aim at pursuing Psychiatric Certificate after my doctoral degree in nursing. Mental wellbeing of the patients has always stimulated my inner scrounger to contemplate more about psychological issues of patients through the lens of clinical and positive psychology.

Jumping to my clinical background, currently I am a Nurse Practitioner at [name of organization] and serving patients and my organization with both theoretical and practical knowledge. I have BSN, MSN and Doctoral degree in hand that is sufficient enough to explain my enthusiasm towards nursing profession. The theoretical knowledge attained from graduate and post graduate degree programs coupled with the on-the-field practice and mastery experiences has shaped my occupational competence in such a way that it purely harmonizes with the Graduate Nursing Program in Psychiatry at your prestigious institution.

As mentioned above, I have seen my grandparents suffering from dementia; a progressive neurological complication. Mastery experiences cultivate our rationality more than any other form of learning (Jones, Drey & Oates, 2017). There was no one to look after them except me. I realized that neurological and psychological complications are more deteriorating because they snatch a person’s sense of self concept and identity. Such as in dementia, they were losing their memories; their hippocampus was getting weaker day by day; their depression was disrupting their emotional life and I, being a nurse, was responsible for their wellbeing with an optimistic orientation. This experience enabled me to gain a profound insight about the incorporation of brain and behavior collaboration regarding patient wellbeing.

Nurse is typically referred to as a bed-side leader with the ability to influence others (Newton et. al., 2014). I understand that nurse puts significance influence not only on the wellbeing of her patients but also as a productive member of her organization however, I have seen many nurse who do not realize their value as a bedside leader. I found myself as an excellent bedside leader because I took active participation in the decision making regarding patient-safety, quality improvement, fall prevention, pressure ulcer management and dementia management. My presence also influenced the length of patient stays, patient satisfaction, advocacy and resumption of activities that patient would acquire during daily living. Hence, I not only influenced the outcomes of patients but also that of the organization. As optimism is the crux of nursing profession, I am hopeful that you will consider me as a competent professional who urges to seek more professional knowledge and wants to serve surreptitious scars of the masses.

References

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