**Course Project Milestone 3Template**

Prior to completing this template, carefully review Course Project Milestone 3 Guidelines paying particular attention to how to name the document and all rubric requirements. After saving the document to your computer, type your answers directly on this template, and save again. This assignment is due by Sunday end of Week 6 by 11:59 p.m.MT.

**Student Name:** \_\_\_\_S. R.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Assignment Criteria** | **Type the statements into the boxes below. Use exact words spoken by each person.** **Note: See Milestone 3Rubric for details required in each area.**  |
| **Introduction:**  |
| **Student Introduction and Statement of Purpose*****30 points*** | My name: Being a nursing student, in addition to the scintillating history of this profession, there are some living legends that need to be interviewed for sharing their professional history, devotion, professional experiences and future aspirations. The most premier purpose of this activity is to apply lessons in history to living nurses’ contributing to nursing history through an interview and recording of historical information. |
| **Nurse Introduction*****30 points*** | My name: So today I will be interviewing Brenda Henry, who is an RN, and holds her BSN and NP. Brenda has been a nurse for 28 years and has worked in a variety of medical surgical settings and the ER at Wyckoff Heights Medical Center. Brenda Henry has worked her way up the ladder from a CNA to Supervisor to Manager to now working as Risk Management Director. B.H. is always willing to share her knowledge and experiences whenever possible. She has a passion for nursing that is undeniable. When she was the manager of the unit she would still wear her scrubs and help out when needed. She has been a mentor and is someone who I can aspire to. She encourages continued education to all of her team members. She exemplifies nursing. |
| **Nurse States Verbal Permission for Interview and Submission*****30 points*** | Brenda Henry: Yes! I willingly demonstrate my agreement on collecting and showcasing information provided by me and its submission. As this activity will surely bring about something positive in my endeared profession by educational means.  |
| **Questions and Answers** |
| **Primary Question 1** | My name: What are some of your favorite memories of nursing school?Brenda Henry*:* Well! Life is all about experiences and memories. As I was a crazy fancier of Nursing, I enjoyed every learning activity in school. The most favorite memory was when we were taken to the clinic for visiting purpose and I counseled an elderly woman who lost her young daughter in an accident and was injured too. We usually don’t pay much attention to the invisible scars and wounds and leave them unattended. I talked to her and she felt emotionally relieved. This was what I felt “the true essence of being nurse” while I was a student.  |
| **Follow-up *a*** | My name: What were some of your favorite classes in nursing school?Brenda Henry: As I said, whole nursing activity was my favorite but let me figure out first…Umm My favorite classes were psychology e.g., counseling; particularly how can we develop excellent rapport with the patient—I liked Carl Rogers in this regard. Biology was my second most favorite subject because I liked the science behind our physiology and actions. Third one was biochemistry because I liked experimenting—it always stimulated my inner researcher.  |
| **Follow-up *b*** | My name: How did classmates or instructors impact your development as a nurse?Brenda Henry: Although peers take active participation in your intellectual and professional development but I didn’t find “the true” passion in my peers regarding this dignified subject; may be due to their forceful submission to this subjects directed by their parents or lacking aptitude. Hence I unfortunately didn’t learn from my peers much about professional development. However, teachers remained helpful in countering this typical trend. My instructors were always putting real-life field examples that excited my vigor and interest in nursing. They had strong manipulative skills that almost all the time I felt myself jumping to the “clinical imaginary world” and looking after patients.  |
| **Primary Question 2** | My name: How have you improved the quality of nursing practice during career?Brenda Henry: Learning is what improves your professional skills. I took part in many training programs like emergency and critical care, error management and educational ones regarding new technologies in healthcare. It undoubtedly improved my quality practice. |
| **Follow-up *a*** | My name: What is something that you have done to improve the quality of care for your patients?Brenda Henry: Patient satisfaction and wellbeing is the first and foremost obligation of a nurse. I talked to the patients about their feelings, aspirations and satisfaction with the ongoing treatment plans. I never have forgotten them when taking significant decisions about their treatment. This made them feel dignified and valued—fostering their emotional wellbeing. Training programs were also helpful in the regard.  |
| **Follow-up *b*** | My name: What have been some major changes that have happened throughout your career with this profession?Brenda Henry: I saw so many people losing their lives in front of me. I sometimes felt so helpless but this is life. We cannot have our will. Even though reaching from lowest to highest levels of professional life, I apparently took more hold over clinical practices but see! I was unable to prohibit their death. My perspectives have changed so much about life and its tottering nature.  |
| **Primary Question 3** | My name: What areas have you worked in?Brenda Henry: I worked in critical care, emergency unit, palliative care unit, risk management, surgical and medical units.  |
| **Follow-up *a*** | Which is your favorite area and why?Brenda Henry: Although I have had a lot of experiences in various units but what I liked most is palliative care. This is because terminally ill patients require more psychological and spiritual healing than that of physical attendance. As I mentioned above, I liked counseling so I felt so good when my words emotionally and spiritually caused their satisfaction. It strengthened my professional obligations to an unparalleled extent.  |
| **Follow-up *b*** | My name: What made you pursue the area your currently in?Brenda Henry: Simply it was my passion. A nurse is concerned with the safety and wellbeing of patient. If something happens contrary to what she is expected to do, this directly threatens the existence of nursing profession. This is why I am here in Risk Management area just because I wanted to uplift the quality of care mitigating destructive practices.  |
| **Primary Question 4** | My name: How have you contributed to the profession of nursing and to nursing history?Brenda Henry: I always tried to maintain the quality care no matter which area I was in. I am contributing to my profession as Risk Management Director, and I am sure this is not going to be an end. As far as my contribution to history is concerned, you chose me for gaining professional knowledge, interviewed me and found your answers—this is my contribution perhaps (jiggles).  |
| **Follow-up *a*** | My name: Why has work in that area became your passion?Brenda Henry: Nursing is my passion and it is just a trivial part where I am presenting my professional learning.  |
| **Follow-up *b*** | My name: How have you influenced new nurses to your passion?Brenda Henry: Same as I influenced you to consider me for sharing my experiences with you.  |
| **Primary Question 5** | My name: Who is your favorite nurse from nursing history?Brenda Henry: Florence Nightingale—the pioneer of modern nursing—is my inspiration. She is known as ‘the lady with the lamp” the lamp that enlightened nursing future and ensured their professional survival as a female nurse. This is why International Nursing Day is celebrated on her birthday. She was an excellent writer too. Her writings and practical efforts collectively promoted female nursing role in healthcare.  |
| **Follow-up *a*** | My name: What or who influenced you to pursue a career in nursing?Brenda Henry: I was influenced by nursing profession perhaps innately. There was no particular instance when I fell for this profession. With the passing time, my simmering interest maximized my passion for it.  |
| **Follow-up *b*** | My name: From what you have learned through your career, what do you hope to teach or pass on?Brenda Henry: Although each day brings new learning, a new lesson but in a nutshell, I learned that nursing profession must be joined by those who possess strong affiliation for it. When parents enforce their children to pursue career without interest and aptitude, the end product is nothing but deteriorated healthcare quality. Such practices threaten the dignity and nobleness of nursing profession. Same is the teaching from my side.  |
| **Conclusion:**  |
| **Gratitude*****20 points*** | My name: Well! It was the first time I consulted any experienced professional of my own filed and I profoundly enjoyed the privilege of interviewing you. You are undoubtedly exemplary mentor and a true representative of your profession. Thank you so much for your precious time and valued words.  |
| **Learning*****20 points*** | My name: From the above mentioned activity, it can be concluded that we must pursue our career after deliberate retrospection and contemplated analysis of our strengths, interests and aptitude particularly nursing is highly sensitive and devotion-requiring profession so it must be chosen with the clear-cut and full-fledge synchronization between interest and aptitude. Secondly, Brenda Henry’s interview enabled me to extract that “the best practice comes with the experience” and “emotional and spiritual healing must be equally addressed by nurses along with physical treatment.” |
| ***Total Points Possible=300*** |