Non-verbal Communication

Name

Institution

Non-verbal communication

A. When I allowed myself maintaining eye contact with the person while having a conversation for two minutes, it enabled me to pay close attention to his gestures and get a closer look at his non-verbal cues. On the other hand, the other person when knew that I have had good eye contact; he paid close attention to what I said and realized that he must reciprocate when I am listening to him attentively. Hence looking at him communicated the notion that the other person is listening to us attentively and we must continue telling the whole story. It had a pleasant effect on our conversation; we both listened to each other attentively.

B. When I failed to maintain eye contact with the other person for two minutes, I found it hard to focus and understand his point; I also struggled to understand his non-verbal cues that increase the credibility of information such as corresponding emotions and body movements. On the other hand, the other person realized that I am not attentive and I am completely disregarding what he says and how he says. He stopped talking to me the very next moment and it was all finished. This was the most embarrassed conversation that I had with someone.