Science of Babies

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The video ‘The Science of Babies’ demonstrates the complementary effects of both nurture and nature in human development1. Infants are born without culture; hence they must be transformed by the parents, teachers and other people to be socially adept people. The process of attaining culture is called socialization. Complementary effects of both nurture and nature in the socialization of the baby are demonstrated in the video.

Nature

When the baby shies around the strangers or is a natural flirt, genetic features might be at play. Babies’ inherent qualities tend to determine if he is aloof or social toward other people. In studies conducted, adopted babies whose parents described themselves as introvert tend to behave the same way as the parents.

Nurture

The babies who tend to be outgoing by nature they do not necessarily need much encouragement1. Nevertheless, if the child is reserve one is required to assist them to become comfortable when around other persons through organizing get together often with friends and other family members or even set play dates with other infants. A parent should avoid pushing the infant to interact with other people because it might make them more aloof. People should be sensitive to the child and the reaction he makes. Avoid leaving the shy baby on the lap of another person that he does not know because it might make the baby more doubtful of unacquainted people and locations. The child should be given time to warm up around new people. The baby is prepared for situations when meeting new people by talking to the baby about the other person visiting and providing them with pictures to make the event less dreadful. Even if the child cries when the person walks in, there is no need to worry. Ultimately the baby will become at ease around other people.

References

1. National Geographic Specials (2019). The Science of Babies. https://www.knowledge.ca/program/national-geographic-specials-science-babies