Discussion

Your Name (First M. Last)

School or Institution Name (University at Place or Town, State)

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**Most common concomitant problem**

 Being one who has been serving to the African population, I came to know about one of the most common concomitant problems of this population that is **malnutrition**. This fact cannot be denied that Africans are the main victims who are suffering from the health issues that are mainly because of the lack of sufficient food for this population (Annan,et,al,2018). Reports and researches are pointing towards more severe conditions that may attack this population where numbers of deaths are increasing rapidly because of malnutrition. Especially children are the main victims who are at risk.

Many researches have been done and it was found that Africa is the only continent that is still suffering from this issue of malnutrition at such a terrible level. This thing could be easily relate that it becomes quite natural to be a victim of nutritional deficiency when one would be belonging to a land where food is hardly available (Sarma,et,al,2018). Malnutrition is the main issue that the Africans are facing nowadays as this land most of the time deal with the famines. Another major reason for the concomitant problem is that a greater number of the people are living in this continent. Malnutrition is being there in this area for long and still, the condition is not satisfactory. According to the researchers, this condition of malnutrition is going to stay there as the real issue is still there that has become a root cause of this concomitant issue. Additional problems that arose because of this issue of malnutrition are an increased rate of mortality, illness, lost productivity and absenteeism. So as a whole, it could be said that the African population is dealing with one of the severe problems that is because of the extreme shortage of food and other materials that fulfill the nutritional needs of humans.

References:

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