Title

[Name of the Writer]

 [Name of the Institution]

Healthcare and nursing are the tools to establish efficient healthcare institutions that are highly productive regarding leadership and quality of services. Communication and leadership in healthcare is crucial to strengthen the quality and integration of care.

This course has been stressful but exploring and planning the tasks that are assigned, executing those tasks and finally the evaluation on the performance made this course a great source of learning 1.

**Strengths and Challenges**

**Time Management**

There are times while working in the nurse filed when we just feel overwhelmed with the amount of work that comes our way. Mostly because the healthcare organizations are understaffed. By working under such circumstances we learn to manage our time accordingly.

**Empathy and Compassion**

Working in healthcare, it is one of the most important traits that a person needs to adapt to be successful. We come across patients dealing with a number of physical or psychological issues. In order to interact with them effectively, we need to feel compassion and empathy towards them.

**Limited Budget**

Budgetary constraints are one of the biggest challenges faced in nursing organizations. It is difficult to meet high expectations of productivity with such limitations.

**Adapting Change**

Keeping the information current and adapting to the change in healthcare is a huge challenge. It is important to follow the latest nursing trends in order to cope with the changes and development in healthcare industry

**Strategies for being a good nursing student**

**Study Smart**

Avoiding distractions,practice, revision and focus are the factors that can prove to be very effective in being a good and successful nursing student.

**Be Realistic**

Being realistic in setting your professional goals helps being successful in reaching those goals.

**Academic activities and personal life**

Leadership and communication course provides a great sense of understanding in both academics and personal life. This course teaches time management, communication skills, empathy, compassion, honesty and trustworthiness.

Reference

1. Huston CJ. *Professional Issues in Nursing: Challenges and Opportunities*. Wolters Kluwer Health; 2013. https://books.google.com.pk/books?id=TBXlEgpF6\_QC.