Addictions and Treatment

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Addiction is a disease which is usually characterised by drug seeking and its uses which are uncontrollable despite knowing the harmful results of the drug use. Although it is true that the initial decision of using drugs is the person own personal choice but due to the continuous use of drugs a person unintentionally becomes dependent on the drug. In order to produce the same sensations in the body they have to increase the dose, and eventually, they become addicted to the drugs. Many people try to get rid of this addiction, but it is not always an easy journey. Many factors contribute towards successful recovery from drugs proper counselling, family support, social life and also culture plays an important role here. But it also majorly depends on the person's will to give up on drugs, and in most of the cases if the above factors are actively involved and the person is also determined to recover from drug addiction, then it is possible. The one concern about recovery from addiction is that it is a brain disease that means that it requires ongoing care management. It is a lifelong commitment which does not come easy every time. Along with that, it is also noteworthy that there is no proper cure for addiction. The places and people who are available to deal with addiction can only provide suitable tools to manage it, afterwards it is in the addict’s hands to sustain the journey with a positive attitude. Even if the person thinks that he/she has fully recovered from addiction even then, it is important to remember that there are high chances of relapse when the person can feel the temptation to use it again and fall for it again. So that means that this is an ongoing journey and it is never fully cured (Matthews et al., 2017). From this discussion, it is safe to say that addiction is a complicated thing and the recovery from it is not possible in the majority of cases even if the person claims to recover from it then there are high chances of relapse.

References

Matthews, S., Dwyer, R., & Snoek, A. (2017). Stigma and self-stigma in addiction. *Journal of bioethical inquiry*, *14*(2), 275-286.