Personality Traits

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The question “What is a Personality?” is not simple, both for philosophers and psychologists, and for all other people. There are a lot of definitions and explanations of the concept of a Personality, but, unfortunately, most of them are so tricky that you will not understand the essence. The task of personality test is to give simple definitions and explanations of the concept of Personality so that it is understandable to absolutely every person - what is Person, what are his traits and who are not. (Grison & Gazzaniga, 2019). The test is not a ruler for measuring a person's personality with a millimeter accuracy. It is important to discuss the results afterwards and the applicant should be given the opportunity to justify their answers. - Tests are now very easy to do, with both good and bad points. It is important that the test is justified and that the recruiter has the necessary certification to do the test.

### Five-factor test questionnaire entails of 75 paired, contrary in meaning, stimulus statements depicting human behavior. Stimulus material has a five-point assessment scale, for diagnosing the severity of each of the five factors. Currently, the Big Five test questionnaire has become popular and has gained great practical importance. According to my results ; my extraversion score is 35. Agreeableness factor falls at 19, Conscientiousness scores 18, whereas neuroticism falls at 27 and finally openness having 12 score. Thinking about one’s own personality and learning to recognize one’s own qualities is important when considering your own professional direction. Everyone has their own inner perception of ourselves, what we think of ourselves and how good we think we are. The other side of self-awareness is what a person wants to tell others about and share with others. This side is seen in behavior and in what kind of image we want to give ourselves. Just like self-knowledge, the human personality also develops through life. (Hancock, 2016).

I am an introvert, but I love the people. This is confusing because I like to be with people and I don't necessarily feel alone. Although I enjoy being with other people, I may not need such a social make-up. Tea moments and chilling are the best things you can do with your friends! Sure, the big crowds and the events where I have to make my socialization get tired a lot and after that I need my own space. I am intuitive, which means that I'm looking for a future-oriented and opportunities, as well as connections between things rather than the work of the most well-known facts. I am a knowledgeable person who makes decisions according to their own personal values. I also like the systematic and planned, and a clear lifestyle. I have sometimes thought of myself as a spontaneous. My strengths are definitely creativity, which is characteristic of INFJ. INFJs see how people and events interact and are able to use this insight to get to the heart of the matter. So, I am creative, very peaceful, stable, very sensitive and oriented to the improvement of the quality of life.

Concluding, the “Big Five” model is one of the best-known drawing models and serves as a basis for many tests to understand and measure human behavior. there is a lot of information about the different personality types and their specific features (Neal, Yeo, Koy & Xiao, 2012). The 16PF Personality Test is one of the most prestigious tests. It is the result and analysis of decades of work developed by Raymond B. Cattell, a British psychologist known for his great contribution to the field of personality and intelligence (Hilakivi, Asplund, Sinivuo, Laitinen & Koskenvuo, 2009). . For example, he told about the existence of running intelligence and crystallized intelligence. Nevertheless, one should be careful, as all sites may not be reliable. However, I have noticed myself reading many of the themes repeatedly and through that I combined my own characteristics.

References

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