DEVELOPMENTAL CHECKLIST - 4 TO 5 YEARS

CHILD'S NAME: Samantha and Sara

DATE OF OBSERVATION:

NAME OF OBSERVER:

MILESTONES	OBSERVED
GROSS MOTOR	
✓ Stands on one foot for 10 seconds or longer	✓
✓ Hops, somersaults	✓
✓ Swings, climbs	
✓ May be able to skip	
FINE MOTOR	
✓ Copies triangle and other geometric patterns	✓
✓ Draws person with body	
✓ Prints some letters	
✓ Dresses and undresses without assistance	
LANGUAGE	
✓ Recalls parts of a story	
✓ Speaks sentences of more than 5 words	✓
✓ Uses future tense	✓
✓ Tells longer stories	
✓ Says name and address	
COGNITIVE	
✓ Can count 10 or more objects	
✓ Correctly names at least 4 colors	
✓ Works in small groups for 5-10 minutes	✓
✓ Better understands the concept of time	
✓ Knows about things used every day in the home (money, food, etc.)	
SELF-HELP	
✓ Uses fork, spoon independently	
✓ Can chew with lips closed	
✓ Goes to the bathroom independently, with reminders	
✓ Undresses independently, may be able to unbutton and unzip	

Adapted from the Early Childhood Direction Center - 2018

SOCIAL/EMOTIONAL

	OBSERVED
✓ Wants to please	✓
✓ Prefers to be with friends	✓
✓ More likely to agree to rules	
✓ Likes to sing, dance, and act	
✓ Shows more independence	✓

DEVELOPMENTAL RED FLAGS (4 TO 5 YEARS)

- ☐ Exhibits extremely aggressive, fearful or timid behavior
- ☐ Is unable to separate from parents
- ☐ Is easily distracted and unable to concentrate on <u>any</u> single activity for more than 5 minutes
- ☐ Shows little interest in playing with other children
- ☐ Refuses to respond to people in general
- ☐ Rarely uses fantasy or imitation in play
- ☐ Seems unhappy or sad much of the time
- ☐ Avoids or seems aloof with other children and adults
- ☐ Does not express a wide range of emotions
- ☐ Has trouble eating, sleeping or using the toilet
- ☐ Cannot differentiate between fantasy and reality
- ☐ Seems unusually passive
- ☐ Cannot understand prepositions ("put the cup <u>on</u> the table"; "get the ball <u>under</u> the couch")
- ☐ Cannot follow 2-part commands ("pick up the toy and put it on the shelf")
- ☐ Cannot give his first and last name
- ☐ Does not use plurals or past tense
- ☐ Cannot build a tower of 6 to 8 blocks
- ☐ Holds crayon with fisted grasp
- ☐ Has trouble taking off clothing
- ☐ Unable to brush teeth or wash and dry hands

Summary:

The girls performed well in the setting they were in. They excelled in obtainment of basic skills in all areas and associated with one another during playtime. They also exhibited a will to please their caregivers and did as they were told immediately.

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