

# C1-MPW-116284.

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## **Objective:**

Seeking a position where I can use my professional skills and accomplishments to help others. Excited to join a team where I can add value, build relationships, demonstrate my vast technical and hospitable experience, while fostering a positive work environment through integrity, teamwork, and accountability. I desire this opportunity to demonstrate my proven ability to collaborate effectively with diverse individuals and reach new heights in helping provide world class health care service.

## **EDUCATION**

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2015-present	Colorado Technical University	Colorado Springs
	<b>Bachelor of Science:</b> Health Care Administration	
2012	Virginia School of Nursing	Springfield Virginia
	<b>License practical Nurse</b>	

## **EMPLOYMENT**

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<b>Cypress Fairbanks Medical Hospital</b>	<b>2014 –2018</b>
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### **Nurse Aid**

- *Accurately assessing patients' vital signs*
- *Performing and documenting designated aspect of patient care in a timely manner*
- *Updating doctors and patient guardians, as required*
- *Performing glucose check*
- *Keeping accountability of residents*
- *Performing bladder scan*
- *Performing and observe daily Foley care*
- *Observing I.V. care and update nurse of findings (swelling/redness).*
- *I.V. catheter removal, upon delegation by nurse*
- *Conducting and documenting 1 On 1 observations every 15 minutes on psych patients*
- *Helping to start I.V.'s with nurse's supervision for patients*
- *Following all hospital protocol, including the use of standard precaution with all*

*patients and with correct hygiene standards*

- *Properly collecting and labelling specimens as directed by nurse*
- *Appropriately using of correct PPE, when needed.*

## **Brookdale Rehabilitation Nursing Home**

**2017 – 2018**

### **Nurse Aid**

- *Assisting patients with ambulatory devices (walker/crutch), as needed*
- *Assisting with the safe transfer of patients from bed to wheel chair (vice versa)*
- *Turning and reposition patients every two hours*
- *Keeping accountability of residents*
- *Observing and notifying nurse of any redness and open areas*
- *Performing oral care based on patients' age and condition*
- *Helping with patients' AM care*
- *Assisting with patient feeding as needed*

## **Cypress Wood Nursing Home**

**2014 - 2015**

### **Nurse Aid**

- *Assisting patient with ambulatory devices (walker/crutch) as needed*
- *Assisting with the safe transfer of patients from bed to wheel chair (vice versa)*
- *Turning and repositioning patients every two hours*
- *Keeping accountability of residents*
- *Observing and notify nurse of any redness and open areas*
- *Performing oral care based on patients' age and condition*
- *Helping with patients' AM care*
- *Assisting with patient feeding as needed*

## **Forest Hill Center**

**2009 - 2014**

### **Nurse Aid**

- *Assisting patient with ambulatory devices (walker/crutch) as needed*
- *Assisting with the safe transfer of patients from bed to wheel chair (vice versa)*
- *Turning and repositioning patients every two hours*
- *Keeping accountability of residents*
- *Observing and notifying nurse of any redness and open areas*
- *Performing oral care based on patient's age and condition*
- *Helping with patients' AM care*
- *Assisting with patient feeding as needed*

## **Inova Hospital**

2008 – 2009

### **Nurse aid**

- *Accurately assessing patients' vital sign*
- *Performing and documenting designated aspect of patient care in a timely manner*
- *Updating doctors and patient guardians as required*
- *Performing glucose check*
- *Keeping accountability of residents*
- *Performing bladder scan*
- *Performing and observing Foley care daily*
- *Observing I.V. care and update nurse of findings (swelling/redness).*
- *I.V. catheter removal upon delegation by nurse*
- *Conducting and documenting 1 On 1 observations every 15 minutes on psych patients*
- *Helping to start I.V. 's with nurse's supervision for patients*
- *Following all hospital protocol including the use of standard precaution with all patients and correct hand washing technique*
- *Properly collecting and labelling specimens as directed by nurse*
- *Performing blood work with nurse's supervision.*

### **EXPERIENCE & SKILLS**

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STNA certified (State Tested Nurse's Assistant).

BLS certified. (Basic Life Support Training).

CPI certified (Crisis Intervention Training).

Excellent communication skills with tremendous experience working with diverse individuals.

Experience with Microsoft Word, Excel, PowerPoint and Outlook.

Possess 4 years' experience in the field of phlebotomy with nurse's supervision.

Intermediate level computer skills.

Experience with Citrix software.

### **VOLUNTEER WORK**

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Volunteered with feeding and caring for the homeless in Columbus and Houston.

Volunteered with schools in organizing sports activities for youths.

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## ORIGINALITY REPORT

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