Nursing Theories

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Being a health care professional, especially for a nurse, it is our responsibility to take care of patients in the best way possible (Warelow & Vinek, 2008). The discussion post helped a lot in understanding the role of nurses. The post also highlighted various concepts related to nursing that facilitates the reader in learning more about this profession. I also agree with you that being a nurse, we have to face several challenges daily. I would also like to add that nurses had to interact with patients daily due to which they are capable of influencing their patient’s life. Due to the regular interaction with patients, they can use this opportunity to spread awareness and educate their patients regarding several diseases and personal hygiene. The core of a nursing profession is the desire to take care of other people. This profession is probably the only profession where one has to put other people’s needs first, regardless of their cultural or social background. Although proper education and training are necessary to become a nurse, yet to be a nurse, one must sincerely care for others (McQueen, 2000). Moreover, the nursing profession never remains stagnant and is always looking to improve, to effectively help not only the patients but for society as well. Nevertheless, nursing is a unique profession but as you explained in your post, I also agree that it draws its roots from several other fields such as Biology, Sociology and medicine (Rogers, 1970). Nurses encounter different situations regularly due to which it is necessary that they have an idea regarding what to do in a certain situation. I also agree with you that nursing concepts are very important to the nursing profession (Bousso & Cruz, 2014). Although, the nurses have to act in every situation differently but having fundamental concepts, they can at least have a framework upon which they can take decisions in a specific situation. After learning about your experience, I also agree with you that personal knowledge can facilitate patients a lot. After observing and experiencing different situations, nurses can use this knowledge to treat their patients effectively.

**References**

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